

NACAC U13, U15, U18, U23 Age Group Trials - 5/25/2019 to 5/26/2019

Athletics Association of Barbados

National Stadium, Waterford, St. Michael

Performance List

Event 101 Girls 100 Meter Hurdles Under 18**Lane Name Age Team Seed Time****Proformers Track Club**

1	Blackman, Anika	16	PRO
2	Brewster, Adeyah	17	PRO
3	Gaskin-Griffith, Kamille	17	PRO

Rising Stars

1	Small, Acacia	17	RS
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Velocity Management

1	Belle, Sarah	17	VM
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Event 102 Boys 110 Meter Hurdles Under 18**Lane Name Age Team Seed Time****Elite Distance Programme**

1	Antoine, Tyal	17	EDP
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Proformers Track Club

1	Nedd, Ialpha	17	PRO
2	Sargeant, Natahri	16	PRO

Rising Stars

1	Johnson, Davon	15	RS
2	Pearce, Jadon	15	RS
3	Turney, Haile -emmanuel	16	RS

Event 104 Boys 110 Meter Hurdles Under 20**Lane Name Age Team Seed Time****Proformers Track Club**

1	Franklyn, Shajahri	19	PRO
2	Waterman, Keshon	19	PRO

Event 105 Women 100 Meter Hurdles Open**Lane Name Age Team Seed Time****Quantum Leap**

1	Morgan, Ayanna	22	QL
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Rising Stars

1	Beckles, Kierre	29	RS
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Event 108 Boys 400 Meter Hurdles Under 18**Lane Name Age Team Seed Time****Elite Distance Programme**

1	Antoine, Tyal	17	EDP
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Proformers Track Club

1	Nedd, Ialpha	17	PRO
2	Sargeant, Natahri	16	PRO

Rising Stars

1	Cadogan, Marquez	16	RS
2	Callender, Jaden	17	RS
3	Williams, Shem	17	RS

Event 110 Boys 400 Meter Hurdles Under 20**Lane Name Age Team Seed Time****Elite Distance Programme**

1	Franklyn, Shajahri	18	EDP
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Proformers Track Club

1	Franklyn, Shajahri	19	PRO
2	Waterman, Keshon	19	PRO

Rising Stars

1	Patrick, Michael	18	RS
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Event 111 Women 400 Meter Hurdles Open**Lane Name Age Team Seed Time****Proformers Track Club**

1	Brewster, Adeyah	17	PRO
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Event 112 Men 400 Meter Hurdles Open**Lane Name Age Team Seed Time****Elite Distance Programme**

1	Worrell, Jahvere	24	EDP
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Proformers Track Club

1	Waterman, Keshon	19	PRO
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Rising Stars

1	Callender, Akem	20	RS
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Event 113 Girls 100 Meter Dash Junior**Lane Name Age Team Seed Time****Christ Church Foundation Sch.**

1	Holder, Niobi	14	CCFS
2	Price, Riann	13	CCFS

Elite Distance Programme

1	Estwick, Janae	13	EDP
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Full Flyt Athletics

1	Dell, Samiya	13	FFA
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Pacers Track Club

1	Jones, Saida Shepherd	13	PTC
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Pegasus Training Program

1	Best, Zhada	12	PEG
2	Browne, Nya	14	PEG

Proformers Track Club

1	Browne-Hall, Tikara	13	PRO
2	Ellis, Zuri	12	PRO

Talons

1	Fleming, Tonique	14	TAL
2	Harewood, Alikea	12	TAL
3	Trotman, Janesquith	13	TAL

Event 114 Boys 100 Meter Dash Junior**Lane Name Age Team Seed Time****Christ Church Foundation Sch.**

1	Alewxander, Zachary	14	CCFS
2	Eversley, Shatori	14	CCFS

Pacers Track Club

1	Corllete, Jumar	13	PTC
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Pegasus Training Program

1	Addison, Shamari	12	PEG
2	Edwards, Adriano	13	PEG

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1	Spencer, Reginaldo	13	PRO
2	Yearwood, Damani	11	PRO

Talons

1	Straker, Aragorn	14	TAL
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Event 116 Boys 100 Meter Dash Under 18

Lane Name	Age	Team	Seed Time
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Christ Church Foundation Sch.

1	Greenidge, Shacori	16	CCFS
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Elite Distance Programme

1	Sealy, T'Shawn	15	EDP
2	Watson, Christopher	15	EDP

Pacers Track Club

1	Auguste, Aydan	15	PTC
2	Gill, Jemarco	17	PTC
3	Joseph, Mitchel	17	PTC

Pegasus Training Program

1	Haynes, Daquan	16	PEG
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Proformers Track Club

1	Marshall, Rajani	16	PRO
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Quantum Leap

1	Clarke, Darian	17	QL
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Talons

1	Belgrave-Thomas, Akario	15	TAL
2	Walrond, Ross	16	TAL

Unattached

1	Carvalho, Mikhail	17	UNA
2	Seales, Johnathan	17	UNA
3	Watson, Brandon	17	UNA

Velocity Management

1	Vaughan, Ashem	17	VM
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Event 119 Women 100 Meter Dash Open

Lane Name	Age	Team	Seed Time
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Elite Distance Programme

1	Cummins, Kayla	16	EDP
2	Greaves, Zariah	16	EDP
3	Niles, Kishawna	14	EDP

Pacers Track Club

1	Brathwaite, Raneisha	17	PTC
2	Reid, Janeil	17	PTC

Pegasus Training Program

1	Martindale, Khristel	15	PEG
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Proformers Track Club

1	Blackman, Anika	16	PRO
2	Brewster, Adeyah	17	PRO
3	Gaskin-Griffith, Kamille	17	PRO

Rising Stars

1	Austin, Trenelle	16	RS
2	Colucci, Lagina	16	RS
3	Haynes, Dania	15	RS

Talons

1	Denny, Jaliyah	17	TAL
2	Holder, Trishan	16	TAL

Event 120 Men 100 Meter Dash Open

Lane Name	Age	Team	Seed Time
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Christ Church Foundation Sch.

1	Reivera, Ari	19	CCFS
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Pacers Track Club

1	Walker-Miller, Jameel	19	PTC
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Quantum Leap

1	Hoyte, Brendon	20	QL
2	Worrell, Aaron	21	QL

Talons

1	Griffith, Reco	21	TAL
2	Kellman, Shashamani	20	TAL

Unattached

1	Ince, Ajani	19	UNA
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Event 121 Girls 200 Meter Dash Junior

Lane Name	Age	Team	Seed Time
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Christ Church Foundation Sch.

1	Price, Riann	13	CCFS
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Elite Distance Programme

1	Estwick, Janae	13	EDP
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Full Flyt Athletics

1	Dell, Samiya	13	FFA
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Pacers Track Club

1	Alleyne, Bethany	14	PTC
2	Gaskin, Davina	12	PTC
3	Jones, Saida Shepherd	13	PTC
4	Jones, Sapphire Shepherd	13	PTC

Pegasus Training Program

1	Best, Zhada	12	PEG
2	Browne, Nya	14	PEG

Proformers Track Club

1	Blackman, Aziza	14	PRO
2	Browne-Hall, Tikara	13	PRO
3	Ellis, Zuri	12	PRO

Talons

1	Downes, Kelescica	13	TAL
2	Fleming, Tonique	14	TAL
3	Harewood, Alikea	12	TAL
4	Jackman, Kennedy	14	TAL

Event 122 Boys 200 Meter Dash Junior

Lane Name	Age	Team	Seed Time
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Christ Church Foundation Sch.

1	Alewxander, Zachary	14	CCFS
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Pacers Track Club

1	Corllete, Jumar	13	PTC
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Performance List

Pegasus Training Program...(Event 122 Boys 200 Meter Dash J

1	Addison, Shamari	12	PEG
2	Edwards, Adriano	13	PEG

Proformers Track Club

1	Moore, Joshua	11	PRO
2	Spencer, Reginaldo	13	PRO
3	Yearwood, Damani	11	PRO

Talons

1	Straker, Aragorn	14	TAL
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Event 123 Girls 200 Meter Dash Under 18

Lane Name	Age	Team	Seed Time
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Elite Distance Programme

1	Agard, Aaliyah	15	EDP
2	Barlett, Talitha	15	EDP
3	Cummins, Kayla	16	EDP
4	Niles, Kishawna	14	EDP

Pegasus Training Program

1	Martindale, Khristel	15	PEG
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Proformers Track Club

1	Blackman, Anika	16	PRO
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Rising Stars

1	Haynes, Dania	15	RS
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Event 124 Boys 200 Meter Dash Under 18

Lane Name	Age	Team	Seed Time
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Christ Church Foundation Sch.

1	Greenidge, Shacori	16	CCFS
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Elite Distance Programme

1	Griffith, Mekhi	15	EDP
2	Johnson, Tyrique	17	EDP
3	Watson, Christopher	15	EDP

Pacers Track Club

1	Auguste, Aydan	15	PTC
2	Browne, Matthew	17	PTC
3	Gill, Jemarco	17	PTC
4	Joseph, Mitchel	17	PTC

Pegasus Training Program

1	Haynes, Daquan	16	PEG
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Proformers Track Club

1	Nedd, Ialpha	17	PRO
2	Nicholas, Miguel	17	PRO
3	Sargeant, Natahri	16	PRO

Quantum Leap

1	Clarke, Darian	17	QL
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Rising Stars

1	Edwards, Ori	17	RS
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Unattached

1	Carvalho, Mikhail	17	UNA
2	Seales, Johnathan	17	UNA
3	Watson, Brandon	17	UNA

Velocity Management

1	Vaughan, Ashem	17	VM
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Event 127 Women 200 Meter Dash Open

Lane Name	Age	Team	Seed Time
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Elite Distance Programme

1	Farmer, Anika	18	EDP
2	Lowe, Ashlee	18	EDP
3	Sealy, Sade	28	EDP

Proformers Track Club

1	Gaskin-Griffith, Kamille	17	PRO
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Event 128 Men 200 Meter Dash Open

Lane Name	Age	Team	Seed Time
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Christ Church Foundation Sch.

1	Reivera, Ari	19	CCFS
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Pacers Track Club

1	Thorne, Shane	19	PTC
2	Walker-Miller, Jameel	19	PTC

Quantum Leap

1	Hoyte, Brendon	20	QL
2	Worrell, Aaron	21	QL

Rising Stars

1	Callender, Ondre	19	RS
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Talons

1	Jordan, Nicholas	27	TAL
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Unattached

1	Ince, Ajani	19	UNA
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Event 129 Girls 400 Meter Dash Junior

Lane Name	Age	Team	Seed Time
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Full Flyt Athletics

1	Dell, Samiya	13	FFA
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Pacers Track Club

1	Alleyne, Bethany	14	PTC
2	Jones, Sapphire Shepherd	13	PTC

Pegasus Training Program

1	Best, Zhada	12	PEG
2	Browne, Nya	14	PEG

Proformers Track Club

1	Blackman, Aziza	14	PRO
2	Browne-Hall, Tikara	13	PRO
3	Ellis, Zuri	12	PRO

Talons

1	Downes, Kelescica	13	TAL
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Event 130 Boys 400 Meter Dash Junior

Lane Name	Age	Team	Seed Time
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Elite Distance Programme

1	Daniel, Yazid	14	EDP
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Pegasus Training Program

1	Addison, Shamari	12	PEG
2	Edwards, Adriano	13	PEG

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Performance List

Proformers Track Club...(Event 130 Boys 400 Meter Dash Jun

1	Spencer, Reginaldo	13	PRO
2	Yearwood, Damani	11	PRO

Event 131 Girls 400 Meter Dash Under 18

Lane Name	Age	Team	Seed Time
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Elite Distance Programme

1	Agard, Aaliyah	15	EDP
2	Barlett, Talitha	15	EDP
3	Cheltherham, Joyce-Ann	15	EDP
4	Fagan, Rickyla	16	EDP
5	Herbert, Richann	15	EDP
6	Nurse, Jasena	14	EDP
7	Stewart, Tiara	15	EDP

Frederick Smith Secondary Sch.

1	Worrell, Jada	15	Fsss
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Talons

1	Foster, Deandra	16	TAL
2	Walrond, Tionce	15	TAL

Event 132 Boys 400 Meter Dash Under 18

Lane Name	Age	Team	Seed Time
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Elite Distance Programme

1	Griffith, Mekhi	15	EDP
2	Johnson, Tyrique	17	EDP
3	Phillips, Joshua	15	EDP
4	Sealy, T'Shawn	15	EDP
5	Watson, Christopher	15	EDP

Pacers Track Club

1	Auguste, Aydan	15	PTC
2	Browne, Matthew	17	PTC
3	Harewood, Tyrique	16	PTC

Pegasus Training Program

1	Butcher-Nurse, Sean	15	PEG
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Proformers Track Club

1	Nicholas, Miguel	17	PRO
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Quantum Leap

1	Gale, Kyle	17	QL
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Rising Stars

1	Alkins, Samuel	17	RS
2	Edwards, Ori	17	RS
3	Hoyte, Savion	16	RS

Event 133 Women 400 Meter Dash Open

Lane Name	Age	Team	Seed Time
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Elite Distance Programme

1	Brome, Shonita	19	EDP
2	Farmer, Anika	18	EDP
3	Lowe, Ashlee	18	EDP
4	Moore, Charissa	18	EDP
5	Niles, Kishawna	14	EDP
6	Sealy, Sade	28	EDP

Talons

1	Lucas, Chloe	19	TAL
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Event 134 Men 400 Meter Dash Open

Lane Name	Age	Team	Seed Time
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Barbados Defence Force

1	Rock, Ronaldo	19	BDF
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Elite Distance Programme

1	Franklyn, Shajahri	18	EDP
2	Griffith, Rasheeme	19	EDP
3	Williams, Rio	20	EDP
4	Worrell, Jahvere	24	EDP

Pacers Track Club

1	Boyce, Shem	20	PTC
2	Thorne, Shane	19	PTC

Talons

1	Norgrove, Kemar	29	TAL
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Event 135 Girls 800 Meter Dash Under 18

Lane Name	Age	Team	Seed Time
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Elite Distance Programme

1	Cheltherham, Joyce-Ann	15	EDP
2	Franklin, Jenna	16	EDP
3	Herbert, Richann	15	EDP
4	Nurse, Jasena	14	EDP
5	Stewart, Tiara	15	EDP

Proformers Track Club

1	Gaskin-Griffith, Kamille	17	PRO
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Talons

1	Lowe, Regina	15	TAL
2	Walrond, Tionce	15	TAL

Event 136 Boys 800 Meter Dash Under 18

Lane Name	Age	Team	Seed Time
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Elite Distance Programme

1	Bentham, Shakobe	15	EDP
2	Phillips, Joshua	15	EDP

Pacers Track Club

1	Harewood, Tyrique	16	PTC
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Proformers Track Club

1	Nicholas, Miguel	17	PRO
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Rising Stars

1	Alkins, Samuel	17	RS
2	Hoyte, Savion	16	RS

Event 139 Women 800 Meter Run Open

Lane Name	Age	Team	Seed Time
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Elite Distance Programme

1	Brome, Shonita	19	EDP
2	Griffith, Amanda	23	EDP
3	Moore, Charissa	18	EDP

Talons

1	Phillips, Tricia	20	TAL
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Event 140 Men 800 Meter Run Open

Lane	Name	Age	Team	Seed Time
Barbados Defence Force...(Event 140 Men 800 Meter Run Open)				

1 Rock, Ronaldo 19 BDF

Elite Distance Programme

1 Griffith, Rasheeme 19 EDP

2 Williams, Rick 19 EDP

3 Williams, Rio 20 EDP

Pacers Track Club

1 Boyce, Shem 20 PTC

2 Gradison, Dario 23 PTC

Talons

1 Norgrove, Fabian 29 TAL

The Lodge School

1 Lorde, Paul 19 LS

Event 141 Women 1500 Meter Run Open

Lane	Name	Age	Team	Seed Time
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Elite Distance Programme

1 Franklin, Jenna 16 EDP

2 Griffith, Amanda 23 EDP

3 Pipe, Carlie 32 EDP

Event 142 Men 1500 Meter Run Open

Lane	Name	Age	Team	Seed Time
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1 Bentham, Shakobe 15 EDP

2 Inniss, J'Barri 18 EDP

3 Stuart, Micah 17 EDP

4 Williams, Rick 19 EDP

Pacers Track Club

1 Gradison, Dario 23 PTC

Event 144 Men 5000 Meter Run Open

Lane	Name	Age	Team	Seed Time
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Elite Distance Programme

1 Inniss, J'Barri 18 EDP

2 Stuart, Micah 17 EDP

Event 145 Girls PEN Under 13

Pos	Name	Age	Team	Points
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1 Jones, Ebony 12 EDP

Full Flyt Athletics

1 Small, Avielle 11 FFA

Proformers Track Club

1 Williams, Zarina 12 PRO

Rising Stars

1 Applewhite, Tania 11 RS

2 Applewhite, Tia 11 RS

Event 146 Boys PEN Under 13

Pos	Name	Age	Team	Points
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B C Trac Athletic Club

1 Belgrave, Dahrion 10 BCT

2 Williams, Eliezar 9 BCT

Elite Distance Programme

1 Clarke, Nikolai 12 EDP

2 Griffith, Keshawn 12 EDP

Full Flyt Athletics

1 Edey, Amari 11 FFA

2 Gilkes, Dinari 11 FFA

3 Norville, Javier 11 FFA

Quantum Leap

1 Massiah, Aaron 12 QL

Rising Stars

1 Alleyne, Rico 12 RS

2 Brathwaite, Reniquo 11 RS

3 Gill, Ephraim 12 RS

4 Knight, Zavier 11 RS

5 Trotman, Ashan 12 RS

Event 147 Girls HEP Under 15

Pos	Name	Age	Team	Points
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Elite Distance Programme

1 Dates, Ryah 14 EDP

Proformers Track Club

1 Gittens, Danica 14 PRO

Rising Stars

1 Applewhaite, Tianna 14 RS

2 Edwards, Maliah 14 RS

3 Lewis, Dania 13 RS

4 Spencer-Layne, Skye 13 RS

The Lodge School

1 Boyce, Brianna 14 LS

Event 148 Boys HEP Under 15

Pos	Name	Age	Team	Points
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Christ Church Foundation Sch.

1 Carrington, Rodnico 14 CCFS

2 Greene, Jadyn 12 CCFS

Elite Distance Programme

1 Bishop, TyJah 13 EDP

2 Cumberbatch, O'Neil 14 EDP

3 Greaves, Kimani 14 EDP

4 Prescod-Wiggins, Eron 14 EDP

Quantum Leap

1 Dottin, Joshua 14 QL

2 Parris, Josiah 14 QL

3 Pilgrim, Jaquan 13 QL

Rising Stars

1 Babb, Kyle 13 RS

2 Clarke, Zaki 14 RS

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Rising Stars...(Event 148 Boys HEP Under 15)

3	Hoyte, Travis	13	RS
4	Phillips, Shadayne	14	RS
5	Talemaque, Jacobie	13	RS

Event 149 Girls Long Jump Under 18

Pos	Name	Age	Team	Seed Mark
Velocity Management				
1	Wood, Dominique	17	VM	

Event 150 Boys Long Jump Under 18

Pos	Name	Age	Team	Seed Mark
Christ Church Foundation Sch.				
1	Eversley, Shatori	14	CCFS	
2	Forde, Jadyne	16	CCFS	

Elite Distance Programme

1	Daniel, Yazid	14	EDP	
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Talons

1	Clarke, Paul	16	TAL	
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Velocity Management

1	Walcott, Dejuan	17	VM	
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Event 151 Women Long Jump Open

Pos	Name	Age	Team	Seed Mark
Christ Church Foundation Sch.				
1	Holder, Niobi	14	CCFS	
2	Johnson, Selena	19	CCFS	

Elite Distance Programme

1	Estwick, Janae	13	EDP	
2	Greaves, Zariah	16	EDP	

Rising Stars

1	Colucci, Lagina	16	RS	
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Talons

1	Holder, Trishan	16	TAL	
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Event 152 Men Long Jump Open

Pos	Name	Age	Team	Seed Mark
Quantum Leap				
1	Worrell, Aaron	21	QL	

Rising Stars

1	Callender, Ondre	19	RS	
2	King, Dario	19	RS	
3	Weekes, Antonio	22	RS	

Event 154 Boys High Jump Junior

Pos	Name	Age	Team	Seed Mark
Proformers Track Club				
1	Newton, Josh	14	PRO	

Event 155 Men High Jump Open

Pos	Name	Age	Team	Seed Mark
Velocity Management				
1	Williams, Rhyson	19	VM	

Event 156 Women High Jump Open

Pos	Name	Age	Team	Seed Mark
Proformers Track Club				
1	Bynoe-Forde, Afraka	18	PRO	
2	Gaskin-Griffith, Kamille	17	PRO	

Event 157 Women Triple Jump Open

Pos	Name	Age	Team	Seed Mark
Christ Church Foundation Sch.				
1	Johnson, Selena	19	CCFS	
Velocity Management				
1	Wood, Dominique	17	VM	

Event 158 Men Triple Jump Open

Pos	Name	Age	Team	Seed Mark
Christ Church Foundation Sch.				
1	Crawford-Wallis, Nathan	17	CCFS	

Rising Stars

1	Weekes, Antonio	22	RS	
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Velocity Management

1	Walcott, Dejuan	17	VM	
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Event 161 Girls Javelin Throw Under 18

Pos	Name	Age	Team	Seed Mark
Elite Distance Programme				
1	Greaves, Zariah	16	EDP	

Pacers Track Club

1	Waldrond, Brianna	16	PTC	
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Proformers Track Club

1	Addison, Vivica	16	PRO	
2	Gaskin-Griffith, Kamille	17	PRO	

Rising Stars

1	Greaves, Vanessa	16	RS	
2	Kirton-Browne, Rowland	17	RS	

Talons

1	Holder, Trishan	16	TAL	
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Unattached

1	Addison, Vivica	16	UNA	
2	Forde-Haynes, Destinee	16	UNA	

Event 162 Boys Javelin Throw Under 18

Pos	Name	Age	Team	Seed Mark
B C Trac Athletic Club				
1	Austin, Imani	15	BCT	
2	Hinds, Kevon	16	BCT	
3	Weekes, Azarian	15	BCT	
Talons				
1	Walrond, Ross	16	TAL	

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Performance List**Event 163 Women Javelin Throw Open**

Pos	Name	Age	Team	Seed Mark
Proformers Track Club...(Event 163 Women Javelin Throw Open)				
1	Bynoe-Forde, Afraka	18	PRO	

Event 164 Men Javelin Throw Open

Pos	Name	Age	Team	Seed Mark
Unattached				
1	Marcus, Calvin	21	UNA	
2	Squires, Jonathan	24	UNA	
3	Trotman, Gabriel	22	UNA	

Event 166 Boys Discus Throw Junior

Pos	Name	Age	Team	Seed Mark
B C Trac Athletic Club				
1	Greenidge, Ayden	13	BCT	
2	Griffith, Jacobe	13	BCT	
3	Nicholls, Jeremiah	14	BCT	

Event 168 Boys Discus Throw Under 18

Pos	Name	Age	Team	Seed Mark
1	Austin, Imani	15	BCT	
2	Duguid-Green, Alex	17	BCT	
3	Hinds, Kevon	16	BCT	
4	King, Kaelin	17	BCT	
5	Weekes, Azarian	15	BCT	

Talons

1	Walrond, Ross	16	TAL	
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Event 171 Women Discus Throw Open

Pos	Name	Age	Team	Seed Mark
B C Trac Athletic Club				
1	Barrow-Smith, Wendy	60	BCT	
Elite Distance Programme				
1	Hutson, Shanice	17	EDP	
Rising Stars				
1	Kirton-Browne, Rowland	17	RS	
2	Phillips, Ronasha	15	RS	
3	Sandiford, Renita	18	RS	

Unattached

1	Squires, Joy	20	UNA	
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Event 172 Men Discus Throw Open

Pos	Name	Age	Team	Seed Mark
B C Trac Athletic Club				
1	Griffith, Tremayne	19	BCT	
Elite Distance Programme				
1	Antoine, Romario	24	EDP	
2	Lovell, Dequan	23	EDP	
Unattached				
1	Trotman, Gabriel	22	UNA	

Event 174 Boys Shot Put Junior

Pos	Name	Age	Team	Seed Mark
B C Trac Athletic Club				
1	Greenidge, Ayden	13	BCT	
2	Griffith, Jacobe	13	BCT	
3	Nicholls, Jeremiah	14	BCT	

Event 175 Girls Shot Put Under 18

Pos	Name	Age	Team	Seed Mark
Elite Distance Programme				
1	Hutson, Shanice	17	EDP	
Proformers Track Club				
1	Gaskin-Griffith, Kamille	17	PRO	
Rising Stars				
1	Kirton-Browne, Rowland	17	RS	
2	Phillips, Ronasha	15	RS	

Event 176 Boys Shot Put Under 18

Pos	Name	Age	Team	Seed Mark
B C Trac Athletic Club				
1	Austin, Imani	15	BCT	
2	Duguid-Green, Alex	17	BCT	
3	Hinds, Kevon	16	BCT	
4	King, Kaelin	17	BCT	
5	Weekes, Azarian	15	BCT	

Event 179 Women Shot Put Open

Pos	Name	Age	Team	Seed Mark
1	Barrow-Smith, Wendy	60	BCT	
Proformers Track Club				
1	Bynoe-Forde, Afraka	18	PRO	
Rising Stars				
1	Sandiford, Renita	18	RS	

Event 180 Men Shot Put Open

Pos	Name	Age	Team	Seed Mark
B C Trac Athletic Club				
1	Griffith, Tremayne	19	BCT	
Elite Distance Programme				
1	Lovell, Dequan	23	EDP	
Unattached				
1	Walcott, Charles	48	UNA	