

Barbados National Championships 2019 - 6/21/2019 to 6/23/2019

Athletics Association of Barbados

National Stadium, Waterford, St Michael

Performance List**Event 303 Girls 100 Meter Hurdles (0.762m) Under 18**

Saturday 6/22/2019 - 3:00 PM

Lane Name	Age	Team	Seed Time
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Christ Church Foundation Sch.

1	427	Anesha Greenidge	CCFS	NT
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Proformers Track Club

1	515	Anika Blackman	PRO	14.27
2	516	Adeyah Brewster	PRO	13.92
3	520	Kamille Gaskin-Griffi	PRO	14.60

Rising Stars

1	620	Acacia Small	RS	16.15
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Velocity Management

1	722	Sarah Belle	VM	NT
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Event 304 Boys 110 Meter Hurdles (0.914m) Under 18

Saturday 6/22/2019 - 3:25 PM

Lane Name	Age	Team	Seed Time
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Christ Church Foundation Sch.

1	419	Dmitri Bourne	CCFS	NT
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Proformers Track Club

1	527	Ialpha Nedd	PRO	14.71
2	530	Natahri Sargeant	PRO	15.46

Rising Stars

1	589	Brandon Downes	RS	16.12
2	602	Thierry Jordan	RS	14.73
3	615	Jadon Pearce	RS	14.95
4	626	Haile -emmanuel Turi	RS	14.42

Event 306 Boys 110 Meter Hurdles (0.991m) Under 20

Saturday 6/22/2019 - 3:35 PM

Lane Name	Age	Team	Seed Time
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Proformers Track Club

1	531	Keshon Waterman	PRO	16.02
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Unattached

1	688	Aidan Jackman	UNA	13.98
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Event 307 Women 100 Meter Hurdles (0.838m) Open

Saturday 6/22/2019 - 3:10 PM

National: 12.88 8/27/2015 Kierre Beckles

Lane Name	Age	Team	Seed Time
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Quantum Leap

1	535	Tia-Adaina Belle	QL	13.43
2	557	Ayanna Morgan	QL	13.56
3	563	Danielle Scantlebury	QL	13.88
4	569	Courtney Warden	QL	13.30

Rising Stars

1	580	Kierre Beckles	RS	13.40
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Talons

1	650	Jenea McCammon	TAL	13.20
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UWI Blackbirds T & F Club

1	708	Hannah Connell	UWIB	14.01
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Velocity Management

1	722	Sarah Belle	VM	NT
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Event 308 Men 110 Meter Hurdles (1.067m) Open

Saturday 6/22/2019 - 3:35 PM

National: 13.14 8/20/2009 Ryan Brathwaite

Lane Name	Age	Team	Seed Time
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Proformers Track Club

1	528	Miguel Nicholas	PRO	NT
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Quantum Leap

1	554	Eddie Lovett	QL	13.61
2	566	Greggmar Swift	QL	13.43

Rising Stars

1	611	Michael Nicholls	RS	13.51
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Talons

1	654	Rhys Phillips	TAL	13.80
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Unattached

1	740	Shane Brathwaite	UNA	13.33
2	674	Kayode Nurse	Una	NT

Event 310 Boys 400 Meter Hurdles (0.838m) Under 18

Friday 6/21/2019 - 6:10 PM

Lane Name	Age	Team	Seed Time
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Pegasus Training Program

1	511	Sean Butcher-Nurse	PEG	62.96
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Rising Stars

1	583	Marquez Cadogan	RS	55.66
2	585	Jaden Callender	RS	55.36
3	631	Shem Williams	RS	54.77

Event 311 Women 400 Meter Hurdles (0.762m) Open

Friday 6/21/2019 - 6:00 PM

National: 53.36 8/25/1999 Andrea Blackett

Lane Name	Age	Team	Seed Time
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Elite Distance Programme

1	435	Shonita Brome	Elite	61.78
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Proformers Track Club

1	516	Adeyah Brewster	PRO	67.00
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Talons

1	645	Ashanna Hodge	TAL	59.11
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Barbados National Championships 2019 - 6/21/2019 to 6/23/2019**Athletics Association of Barbados
National Stadium, Waterford, St Michael
Performance List****Event 312 Men 400 Meter Hurdles (0.914m) Open****Friday 6/21/2019 - 6:20 PM****National: 49.21 9/9/1998 Victor Houston**

Lane Name	Age	Team	Seed Time
Elite Distance Programme...(Event 312 Men 400 Meter Hurdle)			
1 450 Rasheeme Griffith		Elite	51.78
2 468 Jahvere Worrell		Elite	53.53

Quantum Leap

1 541 Nathan Fergusson	QL	51.68
2 545 Daeandre Harris	QL	55.97
3 552 Kemar Jones	QL	54.43

Rising Stars

1 584 Akem Callender	RS	54.87
2 607 Rivaldo Leacock	RS	51.45
3 614 Michael Patrick	RS	55.00
4 629 Dalano Wickham	RS	52.90

St. George Secondary School

1 633 Shajari Franklyn	SGSS	NT
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Talons

1 652 Fabian Norgrove	TAL	52.40
2 653 Kemar Norgrove	TAL	52.06

Unattached

1 688 Aidan Jackman	UNA	53.00
2 664 Jade Yearwood	Una	53.51

UWI Blackbirds T & F Club

1 713 Kion Joseph	UWIB	51.09
2 720 Pierre Thompson-Lew	UWIB	55.11

Event 313 Girls 100 Meter Dash Under 13**Saturday 6/22/2019 - 3:50 PM**

Lane Name	Age	Team	Seed Time
B C Trac Athletic Club			
1 744 Lianne Greene	BCT	NT	
Christ Church Foundation Sch.			
1 423 Najanni Cumberbatch	CCFS	NT	
Full Flyt Athletics			
1 481 Azanna Grazette	FFA	15.52	
2 482 Avielle Small	FFA	13.95	
Pacers Track Club			
1 495 Davina Gaskin	PTC	13.23	
Pegasus Training Program			
1 509 Zhada Best	PEG	13.40	
Proformers Track Club			
1 519 Zuri Ellis	PRO	15.60	
2 532 Zarina Williams	PRO	13.40	

Rising Stars

1 577 Tania Applewhite	RS	NT
2 578 Tia Applewhite	RS	NT
3 609 Arya Mainarde	RS	NT

Talons

1 644 Alika Harewood	TAL	13.07
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Event 314 Boys 100 Meter Dash Under 13**Saturday 6/22/2019 - 3:55 PM**

Lane Name	Age	Team	Seed Time
B C Trac Athletic Club			
1 745 Dahrion Belgrave	BCT	NT	
Christ Church Foundation Sch.			
1 426 Jayden Green	CCFS	NT	
Proformers Track Club			
1 533 Damani Yearwood	PRO	14.20	
Quantum Leap			
1 555 Aaron Massiah	QL	NT	
Rising Stars			
1 575 Rico Alleyne	RS	NT	
2 593 Ephraim Gill	RS	NT	
3 606 Zavier Knight	RS	NT	
4 625 Ashan Trotman	RS	NT	
Talons			
1 644 Alika Harewood	TAL	13.07	

Event 315 Girls 100 Meter Dash Under 15**Saturday 6/22/2019 - 4:00 PM**

Lane Name	Age	Team	Seed Time
Christ Church Foundation Sch.			
1 420 Jaeda Brancroft	CCFS	NT	
2 429 Niobe Holder	CCFS	NT	
3 431 Rihan Price	CCFS	NT	
Elite Distance Programme			
1 460 Kishawna Niles	Elite	12.20	
Full Flyt Athletics			
1 480 Samiya Dell	FFA	13.20	
High Performance Programme			
1 486 Nyah Hope	HPP	12.50	
Pacers Track Club			
1 499 Saida Shepherd-Jones	PTC	15.63	
Pegasus Training Program			
1 510 Nya Browne	PEG	12.53	
Quantum Leap			
1 534 Chrisaria Ballantyne	QL	13.10	
2 550 Sage Hunte	QL	14.15	



Barbados National Championships 2019 - 6/21/2019 to 6/23/2019**Athletics Association of Barbados
National Stadium, Waterford, St Michael
Performance List****Quantum Leap...(Event 315 Girls 100 Meter Dash Under 15)**

3	564 Jasmine Sealy	QL	13.63	_____
4	571 Jada Williams	QL	13.42	_____

Rising Stars

1	576 Tianna Applewhite	RS	NT	_____
2	590 Maliah Edwards	RS	NT	_____
3	608 Dania Lewis	RS	NT	_____
4	618 Naiobi Rudder	RS	NT	_____
5	621 Skye Spencer-Layne	RS	NT	_____

Talons

1	651 Danae Niles	TAL	12.92	_____
2	659 Janesquith Trotman	TAL	14.30	_____

Velocity Management

1	728 Azariah Nurse	VM	NT	_____
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Event 316 Boys 100 Meter Dash Under 15**Saturday 6/22/2019 - 4:05 PM**

Lane	Name	Age	Team	Seed Time
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Christ Church Foundation Sch.

1	418 Zachary Alexander	CCFS	NT	_____
2	421 Rodnico Carrington	CCFS	NT	_____
3	424 Shatori Eversley	CCFS	NT	_____

Elite Distance Programme

1	434 TyJah Bishop	Elite	12.65	_____
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Pacers Track Club

1	493 Jumar Corllete	PTC	12.71	_____
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Quantum Leap

1	539 Joshua Dottin	QL	12.25	_____
2	560 Jaquan Pilgrim	QL	12.00	_____

Rising Stars

1	579 Kyle Babb	RS	NT	_____
2	587 Zaki Clarke	RS	NT	_____
3	599 Travis Hoyte	RS	NT	_____
4	617 Shadayne Phillips	RS	NT	_____
5	622 Jacobie Talemaque	RS	NT	_____

Talons

1	657 Aragorn Straker	TAL	11.70	_____
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Event 317 Girls 100 Meter Dash Under 18**Saturday 6/22/2019 - 4:15 PM**

Lane	Name	Age	Team	Seed Time
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Elite Distance Programme

1	441 Rickyla Fagan	Elite	12.27	_____
2	447 Zariah Greaves	Elite	12.34	_____

Extreme Velocity Track Club

1	471 Soriyah Dakin	EVTC	12.33	_____
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Pacers Track Club

1	491 Raneisha Brathwaite	PTC	12.80	_____
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Proformers Track Club

1	515 Anika Blackman	PRO	13.40	_____
2	516 Adeyah Brewster	PRO	12.07	_____

Quantum Leap

1	553 Amani Kirnon	QL	12.26	_____
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Rising Stars

1	588 Lagina Colucci	RS	NT	_____
2	597 Dania Haynes	RS	NT	_____
3	605 Zaria Knight	RS	NT	_____
4	627 Kiara Waithe	RS	NT	_____
5	632 Satera Yarde	RS	NT	_____

Talons

1	642 Tonique Fleming	TAL	12.86	_____
2	647 Jada Hynds	TAL	12.41	_____

Wibisco Stars Athletic Club

1	736 Kyanna Collymore	WS	NT	_____
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Event 318 Boys 100 Meter Dash Under 18**Saturday 6/22/2019 - 4:25 PM**

Lane	Name	Age	Team	Seed Time
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Christ Church Foundation Sch.

1	419 Dmitri Bourne	CCFS	NT	_____
2	428 Shacouri Greenidge	CCFS	NT	_____

High Performance Programme

1	487 Sean Raphael	HPP	11.04	_____
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Pacers Track Club

1	489 Aydan Auguste	PTC	11.55	_____
2	502 Mitchel Joseph	PTC	11.45	_____

Pegasus Training Program

1	513 Daquan Haynes	PEG	11.74	_____
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Proformers Track Club

1	521 Jamarco Gill	PRO	NT	_____
2	524 Rajani Marshall	PRO	11.60	_____

Quantum Leap

1	556 Caleb Massiah	QL	11.26	_____
2	561 Nathan Roett	QL	11.18	_____
3	562 Armani Scantlebury	QL	12.43	_____

Rising Stars

1	581 Aaron Brathwaite	RS	NT	_____
2	601 Davon Johnson	RS	NT	_____
3	623 Delano Thomas	RS	NT	_____

Talons

1	634 Akario Belgrave-Thor	TAL	11.82	_____
2	642 Tonique Fleming	TAL	12.86	_____

Barbados National Championships 2019 - 6/21/2019 to 6/23/2019**Athletics Association of Barbados****National Stadium, Waterford, St Michael****Performance List****Talons...(Event 318 Boys 100 Meter Dash Under 18)**

3 660 Ross Walrond TAL 11.58 _____

UWI Blackbirds T & F Club

1 715 Jamaly Kelly UWIB NT _____

Velocity Management

1 732 Ashem Vaughan VM NT _____

Event 319 Women 100 Meter Dash Open**Saturday 6/22/2019 - 4:40 PM****National: 11.26 10/15/2011 Shakera Reece****Lane Name Age Team Seed Time****Extreme Velocity Track Club**

1 475 Tomi Bamighbade EVTC 12.10 _____

Freedom Striders

1 479 Ariel Jackson FSTF 11.42 _____

Proformers Track Club

1 518 Afraka Bynoe-Forde PRO 13.20 _____

Quantum Leap

1 551 Tamika Inniss QL 12.45 _____

Rising Stars

1 612 Shemia Odaine RS 11.93 _____

Talons

1 637 Sierra Coward TAL 12.00 _____

2 639 Jaliyah Denny TAL 12.34 _____

3 641 Tristan Evelyn TAL 11.41 _____

4 656 Kyliia Smith TAL 11.70 _____

Unattached

1 668 Jovanna Gustave Una 11.85 _____

UWI Blackbirds T & F Club

1 708 Hannah Connell UWIB 12.24 _____

Velocity Management

1 726 Chara Grimes-Perch VM NT _____

Event 320 Men 100 Meter Dash Open**Friday 6/21/2019 - 7:10 PM****National: 9.87 9/11/1998 Obadele Thompson****Lane Name Age Team Seed Time****Barbados Defence Force**

1 417 Joshua Walcott BDF 10.64 _____

Extreme Velocity Track Club

1 473 Karson Kowalchuck EVTC 10.37 _____

2 474 Jalen Law EVTC 10.79 _____

High Performance Programme

1 483 Mario Burke HPP 9.90 _____

2 484 Julian Forde HPP 10.40 _____

Pacers Track Club

1 506 Jameel Walker-Miller PTC 10.77 _____

Proformers Track Club

1 523 Renaldo Howard PRO 11.30 _____

Quantum Leap

1 537 Darian Clarke QL 10.61 _____

2 538 Nicholas Deshong QL 10.71 _____

3 540 Burkheart Ellis Jr QL 10.26 _____

4 548 Brendon Hoyte QL 10.63 _____

Rising Stars

1 594 Ramon Gittens RS 10.38 _____

2 628 Antonio Weekes RS 10.74 _____

Talons

1 635 Matthew Clarke TAL 10.50 _____

2 638 Jebbari Cumberbatch TAL 10.55 _____

3 643 Reco Griffith TAL 10.93 _____

Unattached

1 684 Loic Helene UNA 10.82 _____

2 687 Ajani Ince UNA 10.70 _____

UWI Blackbirds T & F Club

1 704 Tre Admason UWIB 11.33 _____

2 705 Renaldo Bailey UWIB 11.12 _____

3 707 Darien Birkett UWIB 11.59 _____

4 743 Kevin Briggs UWIB 11.04 _____

5 709 Gregory Frederick UWIB 11.40 _____

6 711 Christopher Harris UWIB 11.43 _____

7 716 Kyan Martin UWIB NT _____

8 718 Shomari Shepherd-Ro UWIB 11.09 _____

Velocity Management

1 723 Anderson Devonish VM NT _____

2 729 Tramaine Smith VM NT _____

3 731 Laquan Trotman VM NT _____

Wibisco Stars Athletic Club

1 738 Tristan Harper WS NT _____

Event 322 Men 100 Meter Dash Masters**Lane Name Age Team Seed Time****High Performance Programme**

1 483 Mario Burke HPP NT _____

Event 323 Girls 200 Meter Dash Under 13**Sunday 6/23/2019 - 4:50 PM****Lane Name Age Team Seed Time****B C Trac Athletic Club**

1 744 Lianne Greene BCT NT _____

Full Flyt Athletics

1 481 Azanna Grazette FFA 32.00 _____

2 482 Avielle Small FFA 29.00 _____

Barbados National Championships 2019 - 6/21/2019 to 6/23/2019**Athletics Association of Barbados****National Stadium, Waterford, St Michael****Performance List**

Pacers Track Club...(Event 323 Girls 200 Meter Dash Under 1.
1 495 Davina Gaskin PTC 27.09 _____

Pegasus Training Program

1 508 Chiara Beckles PEG 27.25 _____
2 509 Zhada Best PEG 28.16 _____

Proformers Track Club

1 519 Zuri Ellis PRO 28.70 _____
2 529 Kiami-Rae Orford PRO NT _____
3 532 Zarina Williams PRO 26.90 _____

Rising Stars

1 577 Tania Applewhite RS NT _____
2 578 Tia Applewhite RS NT _____
3 609 Arya Mainarde RS NT _____

Talons

1 644 Alika Harewood TAL 26.82 _____

Velocity Management

1 725 Tonika Griffith VM NT _____

Event 324 Boys 200 Meter Dash Under 13**Sunday 6/23/2019 - 4:57 PM**

Lane	Name	Age	Team	Seed Time
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B C Trac Athletic Club

1 745 Dahrion Belgrave BCT NT _____

Pegasus Training Program

1 507 Shamari Addison PEG 26.73 _____

Proformers Track Club

1 525 Joshua Moore PRO 27.80 _____
2 533 Damani Yearwood PRO 28.20 _____

Rising Stars

1 575 Rico Alleyne RS NT _____
2 582 Reniquo Brathwaite RS NT _____
3 593 Ephraim Gill RS NT _____
4 606 Xavier Knight RS NT _____
5 625 Ashan Trotman RS NT _____

Talons

1 644 Alika Harewood TAL 26.83 _____

Event 325 Girls 200 Meter Dash Under 15**Sunday 6/23/2019 - 5:02 PM**

Lane	Name	Age	Team	Seed Time
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Elite Distance Programme

1 460 Kishawna Niles Elite 24.40 _____

Full Flyt Athletics

1 480 Samiya Dell FFA 26.94 _____

Pacers Track Club

1 488 Bethany Alleyne PTC 31.00 _____

2 499 Saida Shepherd-Jones PTC 32.60 _____
3 500 Sapphire Shepherd-Jo PTC 29.32 _____

Pegasus Training Program

1 510 Nya Browne PEG 24.98 _____

Proformers Track Club

1 517 Tikara Browne-Hall PRO 27.00 _____

Quantum Leap

1 534 Chrisaria Ballantyne QL 26.92 _____
2 546 Jahzara Holford QL 26.39 _____
3 550 Sage Hunte QL NT _____
4 564 Jasmine Sealy QL 27.54 _____
5 567 Shania Thomas QL 26.97 _____
6 571 Jada Williams QL 27.26 _____

Rising Stars

1 576 Tianna Applewhite RS NT _____
2 590 Maliah Edwards RS NT _____
3 608 Dania Lewis RS NT _____
4 618 Naiobi Rudder RS NT _____
5 621 Skye Spencer-Layne RS NT _____
6 624 Chantony Thorpe RS NT _____

Talons

1 640 Kelescica Downes TAL 25.95 _____
2 651 Danae Niles TAL 26.10 _____

Unattached

1 678 Brianna Boyce UNA 25.67 _____

Velocity Management

1 728 Azariah Nurse VM NT _____

Event 326 Boys 200 Meter Dash Under 15**Sunday 6/23/2019 - 5:10 PM**

Lane	Name	Age	Team	Seed Time
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Elite Distance Programme

1 434 TyJah Bishop Elite 24.65 _____
2 438 O'Neil Cumberbatch Elite 24.66 _____
3 446 Kimani Greaves Elite 25.13 _____

Pacers Track Club

1 493 Jumar Corllete PTC 25.61 _____

Pegasus Training Program

1 512 Adriano Edwards PEG 27.52 _____

Quantum Leap

1 539 Joshua Dottin QL 24.59 _____
2 560 Jaquan Pilgrim QL 23.59 _____

Rising Stars

1 579 Kyle Babb RS NT _____
2 587 Zaki Clarke RS NT _____
3 599 Travis Hoyte RS NT _____

Barbados National Championships 2019 - 6/21/2019 to 6/23/2019**Athletics Association of Barbados
National Stadium, Waterford, St Michael
Performance List****Rising Stars...(Event 326 Boys 200 Meter Dash Under 15)**

4	617 Shadayne Phillips	RS	NT	_____
5	622 Jacobie Talemaque	RS	NT	_____

Talons

1	651 Danae Niles	TAL	26.10	_____
2	657 Aragorn Straker	TAL	23.89	_____

Event 327 Girls 200 Meter Dash Under 18**Sunday 6/23/2019 - 4:00 PM**

Lane	Name	Age	Team	Seed Time
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Elite Distance Programme

1	439 Kayla Cummins	Elite	25.20	_____
2	441 Rickyla Fagan	Elite	24.92	_____

Extreme Velocity Track Club

1	471 Soriyah Dakin	EVTC	25.76	_____
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Pacers Track Club

1	491 Raneisha Brathwaite	PTC	26.85	_____
2	503 Janeil Reid	PTC	25.63	_____

Proformers Track Club

1	516 Adeyah Brewster	PRO	25.30	_____
2	520 Kamille Gaskin-Griffi	PRO	25.03	_____

Quantum Leap

1	553 Amani Kirnon	QL	25.41	_____
2	573 Shadae Worrell	QL	25.24	_____

Rising Stars

1	597 Dania Haynes	RS	NT	_____
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Talons

1	642 Tonique Fleming	TAL	26.68	_____
2	647 Jada Hynds	TAL	26.76	_____
3	661 Tionce Walrond	TAL	25.88	_____

UWI Blackbirds T & F Club

1	712 Serena Jackman	UWIB	26.08	_____
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Wibisco Stars Athletic Club

1	736 Kyanna Collymore	WS	NT	_____
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Event 328 Boys 200 Meter Dash Under 18**Sunday 6/23/2019 - 4:10 PM**

Lane	Name	Age	Team	Seed Time
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Elite Distance Programme

1	454 Tyrique Johnson	Elite	22.66	_____
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High Performance Programme

1	487 Sean Raphael	HPP	NT	_____
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Pacers Track Club

1	489 Aydan Auguste	PTC	23.55	_____
2	492 Matthew Browne	PTC	23.80	_____
3	502 Mitchel Joseph	PTC	23.38	_____

Pegasus Training Program

1	513 Daquan Haynes	PEG	24.03	_____
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Proformers Track Club

1	521 Jamarco Gill	PRO	NT	_____
2	527 Ialpha Nedd	PRO	22.30	_____
3	530 Natahri Sargeant	PRO	22.96	_____

Quantum Leap

1	561 Nathan Roett	QL	22.94	_____
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Rising Stars

1	581 Aaron Brathwaite	RS	NT	_____
2	591 Ori Edwards	RS	NT	_____
3	601 Davon Johnson	RS	NT	_____
4	615 Jadon Pearce	RS	NT	_____
5	623 Delano Thomas	RS	NT	_____
6	626 Haile -emmanuel Turi	RS	NT	_____

Talons

1	634 Akario Belgrave-Thor	TAL	NT	_____
2	660 Ross Walrond	TAL	NT	_____

Unattached

1	663 Aquon Waithe	Una	22.89	_____
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UWI Blackbirds T & F Club

1	715 Jamaly Kelly	UWIB	22.54	_____
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Velocity Management

1	727 Stephon Hinds	VM	NT	_____
2	732 Ashem Vaughan	VM	NT	_____

Event 329 Women 200 Meter Dash Open**Sunday 6/23/2019 - 4:20 PM****National: 22.61 3/18/2016 Sade Williams**

Lane	Name	Age	Team	Seed Time
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Elite Distance Programme

1	457 Ashlee Lowe	Elite	24.44	_____
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Extreme Velocity Track Club

1	475 Tomi Bamigbade	EVTC	25.16	_____
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Freedom Striders

1	479 Ariel Jackson	FSTF	23.16	_____
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Proformers Track Club

1	518 Afraka Bynoe-Forde	PRO	26.00	_____
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Quantum Leap

1	544 Laneekwa Gibson	QL	25.89	_____
2	549 Rhea Hoyte	QL	24.80	_____
3	551 Tamika Inniss	QL	NT	_____
4	563 Danielle Scantlebury	QL	NT	_____

Rising Stars

1	612 Shemia Odaine	RS	24.43	_____
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Barbados National Championships 2019 - 6/21/2019 to 6/23/2019**Athletics Association of Barbados
National Stadium, Waterford, St Michael
Performance List****Talons...(Event 329 Women 200 Meter Dash Open)**

1 649 Chloe Lucas TAL 25.01 _____

Unattached

1 677 Lisa Anne Barrow UNA 23.84 _____

2 668 Jovanna Gustave Una 24.52 _____

UWI Blackbirds T & F Club

1 708 Hannah Connell UWIB 24.42 _____

Event 330 Men 200 Meter Dash Open**Sunday 6/23/2019 - 4:30 PM****National: 19.97 9/9/2000 Obadele Thompson****Lane Name Age Team Seed Time****Barbados Defence Force**

1 417 Joshua Walcott BDF 21.64 _____

Extreme Velocity Track Club

1 473 Karson Kowalchuck EVTC 20.81 _____

2 474 Jalen Law EVTC 22.12 _____

3 476 Khamal Stewart-Bayn EVTC 21.12 _____

High Performance Programme

1 483 Mario Burke HPP 20.40 _____

Pacers Track Club

1 496 Shaquan Glasgow PTC 22.08 _____

2 506 Jameel Walker-Miller PTC 21.28 _____

Proformers Track Club

1 523 Renaldo Howard PRO 23.10 _____

2 528 Miguel Nicholas PRO 21.99 _____

3 531 Keshon Waterman PRO 23.66 _____

Quantum Leap

1 537 Darian Clarke QL 21.22 _____

2 538 Nicholas Deshong QL 20.92 _____

3 540 Burkheart Ellis Jr QL NT _____

4 548 Brendon Hoyte QL 21.51 _____

5 558 Brandon Parris QL 20.86 _____

Rising Stars

1 586 Ondre Callender RS NT _____

2 594 Ramon Gittens RS NT _____

3 596 Tajiri Griffith RS NT _____

4 610 Jerrad Mason RS NT _____

5 611 Michael Nicholls RS 21.06 _____

Talons

1 635 Matthew Clarke TAL 21.01 _____

2 638 Jebarri Cumberbatch TAL 21.50 _____

3 643 Reco Griffith TAL 21.83 _____

4 648 Nicholas Jordan TAL 21.80 _____

5 658 Raheem Taitt-Best TAL 22.15 _____

Unattached

1 679 Jamahl Burke UNA 22.52 _____

2 687 Ajani Ince UNA 21.60 _____

3 694 Kimorie Shearman UNA 21.23 _____

UWI Blackbirds T & F Club

1 704 Tre Admason UWIB 22.08 _____

2 706 Roderick Best UWIB 22.18 _____

3 707 Darien Birkett UWIB 23.80 _____

4 743 Kevin Briggs UWIB 22.05 _____

5 709 Gregory Frederick UWIB 23.20 _____

6 710 Nikolai Gall UWIB 21.99 _____

7 711 Christopher Harris UWIB 23.58 _____

8 716 Kyan Martin UWIB NT _____

9 718 Shomari Shepherd-Ro UWIB 22.28 _____

10 721 Uroy Wint UWIB 22.68 _____

Velocity Management

1 723 Anderson Devonish VM NT _____

2 724 Justin Greene VM NT _____

3 729 Tramaine Smith VM NT _____

4 731 Laquan Trotman VM NT _____

Wibisco Stars Athletic Club

1 738 Tristan Harper WS NT _____

Event 333 Girls 400 Meter Dash Under 13**Saturday 6/22/2019 - 5:05 PM****Lane Name Age Team Seed Time****Pegasus Training Program**

1 508 Chiara Beckles PEG 64.90 _____

Velocity Management

1 725 Tonika Griffith VM NT _____

Event 334 Boys 400 Meter Dash Under 13**Saturday 6/22/2019 - 5:10 PM****Lane Name Age Team Seed Time****B C Trac Athletic Club**

1 407 Enoch Agard BCT NT _____

Elite Distance Programme

1 437 Nikolai Clarke Elite 61.20 _____

2 449 Keshawn Griffith Elite 61.44 _____

Pegasus Training Program

1 507 Shamari Addison PEG 63.17 _____

Event 335 Girls 400 Meter Dash Under 15**Saturday 6/22/2019 - 5:15 PM****Lane Name Age Team Seed Time****Elite Distance Programme**

1 460 Kishawna Niles Elite 58.69 _____



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Performance List**

Pacers Track Club...(Event 335 Girls 400 Meter Dash Under 1			
1	488 Bethany Alleyne	PTC	75.00 _____
2	500 Sapphire Shepherd-Jo	PTC	66.08 _____

Quantum Leap

1	546 Jahzara Holford	QL	59.11 _____
2	567 Shania Thomas	QL	61.59 _____
3	572 Jade Williams	QL	65.85 _____

Talons

1	640 Kelescica Downes	TAL	59.40 _____
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Unattached

1	678 Brianna Boyce	UNA	59.89 _____
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Event 336 Boys 400 Meter Dash Under 15**Saturday 6/22/2019 - 5:25 PM**

Lane Name	Age	Team	Seed Time
Elite Distance Programme			
1	438 O'Neil Cumberbatch	Elite	57.12 _____
2	446 Kimani Greaves	Elite	56.23 _____

Pegasus Training Program

1	512 Adriano Edwards	PEG	61.30 _____
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Event 337 Girls 400 Meter Dash Under 18**Friday 6/21/2019 - 7:35 PM**

Lane Name	Age	Team	Seed Time
Elite Distance Programme			
1	436 Joyce-Ann Cheltherhan	Elite	65.25 _____
2	458 Sakena Massiah	Elite	57.30 _____

Extreme Velocity Track Club

1	470 Lily Brown	EVTC	59.68 _____
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Pacers Track Club

1	503 Janeil Reid	PTC	58.65 _____
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Quantum Leap

1	573 Shadae Worrell	QL	57.38 _____
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Talons

1	661 Tionce Walrond	TAL	57.64 _____
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Event 338 Boys 400 Meter Dash Under 18**Friday 6/21/2019 - 7:45 PM**

Lane Name	Age	Team	Seed Time
Elite Distance Programme			
1	454 Tyrique Johnson	Elite	51.19 _____
Pacers Track Club			
1	489 Aydan Auguste	PTC	53.46 _____
2	492 Matthew Browne	PTC	53.50 _____
3	498 Tyrique Harewood	PTC	52.90 _____

Pegasus Training Program

1	511 Sean Butcher-Nurse	PEG	56.55 _____
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Proformers Track Club

1	521 Jamarco Gill	PRO	NT _____
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Quantum Leap

1	547 Akil Howell	QL	49.04 _____
2	559 Josiah Parris	QL	50.70 _____
3	565 Devanté Straughn	QL	54.72 _____

Rising Stars

1	574 Samuel Alkins	RS	NT _____
2	591 Ori Edwards	RS	50.76 _____
3	598 Savion Hoyte	RS	48.58 _____

Unattached

1	663 Aquon Waithe	Una	49.89 _____
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Velocity Management

1	727 Stephon Hinds	VM	NT _____
2	730 Aren Spencer	VM	NT _____

Event 339 Women 400 Meter Dash Open**Friday 6/21/2019 - 7:55 PM****National: 51.04 6/10/1978 Lorna Forde**

Lane Name	Age	Team	Seed Time
Elite Distance Programme			
1	435 Shonita Brome	Elite	57.90 _____
2	442 Anika Farmer	Elite	63.23 _____
3	457 Ashlee Lowe	Elite	56.80 _____

Freedom Striders

1	478 Rossette Hoyte	FSTF	57.20 _____
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Quantum Leap

1	535 Tia-Adaina Belle	QL	52.92 _____
2	542 Asia Foster	QL	56.51 _____
3	544 Laneekwa Gibson	QL	60.62 _____
4	549 Rhea Hoyte	QL	56.13 _____
5	563 Danielle Scantlebury	QL	NT _____

Talons

1	649 Chloe Lucas	TAL	56.88 _____
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Unattached

1	677 Lisa Anne Barrow	UNA	54.17 _____
2	701 Sada Williams	UNA	51.71 _____

Event 340 Men 400 Meter Dash Open**Friday 6/21/2019 - 8:05 PM****National: 44.64 6/7/2019 Jonathan Jones**

Lane Name	Age	Team	Seed Time
Barbados Defence Force			
1	416 Ronaldo Rock	BDF	48.68 _____

Barbados National Championships 2019 - 6/21/2019 to 6/23/2019**Athletics Association of Barbados****National Stadium, Waterford, St Michael****Performance List****Elite Distance Programme...(Event 340 Men 400 Meter Dash C**

1	455 Jonathan Jones	Elite	44.64
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Extreme Velocity Track Club

1	476 Khamal Stewart-Bayn	EVTC	45.98
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Pacers Track Club

1	496 Shaquan Glasgow	PTC	50.09
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2	504 Shane Thorne	PTC	49.97
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Proformers Track Club

1	528 Miguel Nicholas	PRO	47.91
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Quantum Leap

1	543 Kyle Gale	QL	47.06
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2	558 Brandon Parris	QL	46.08
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3	568 Deshon Trent	QL	50.52
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Rising Stars

1	596 Tajiri Griffith	RS	51.00
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2	600 Antoni Hoyte-Small	RS	46.92
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3	610 Jerrad Mason	RS	46.80
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Talons

1	658 Raheem Taitt-Best	TAL	49.74
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Unattached

1	679 Jamahl Burke	UNA	49.21
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2	694 Kimorie Shearman	UNA	46.66
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3	664 Jade Yearwood	Una	49.36
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UWI Blackbirds T & F Club

1	706 Roderick Best	UWIB	49.68
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2	710 Nikolai Gall	UWIB	48.64
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3	716 Kyan Martin	UWIB	50.02
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Velocity Management

1	723 Anderson Devonish	VM	NT
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2	724 Justin Greene	VM	NT
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3	729 Tramaine Smith	VM	NT
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Event 342 Boys 800 Meter Run Under 18**Sunday 6/23/2019 - 6:17 PM**

Lane Name	Age	Team	Seed Time
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Elite Distance Programme

1	445 Nathan Goddard-Mcc	Elite	1.56
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Pacers Track Club

1	498 Tyrique Harewood	PTC	2:10.00
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Quantum Leap

1	565 Devanté Straughn	QL	NT
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Rising Stars

1	574 Samuel Alkins	RS	NT
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Event 343 Women 800 Meter Run Open**Sunday 6/23/2019 - 6:10 PM****National: 2:03.59 7/11/2005 Sheena Gooding**

Lane Name	Age	Team	Seed Time
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Elite Distance Programme

1	435 Shonita Brome	Elite	2:22.00
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2	436 Joyce-Ann Cheltherhan	Elite	2.40
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3	448 Amanda Griffith	Elite	2:39.00
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4	459 Charissa Moore	Elite	2:21.00
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5	462 Sade Sealy	Elite	2:03.00
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6	464 Tiara Stewart	Elite	2:36.00
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Extreme Velocity Track Club

1	470 Lily Brown	EVTC	NT
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Freedom Striders

1	478 Rossette Hoyte	FSTF	2:20.00
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High Performance Programme

1	741 Sonia Gaskin	HPP	2:03.00
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Pacers Track Club

1	501 Shanna Jones	PTC	2:35.00
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Quantum Leap

1	542 Asia Foster	QL	NT
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2	570 Ashley Weekes	QL	NT
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Talons

1	655 Tricia Phillips	TAL	2:20.24
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Unattached

1	682 Mary Fraser	UNA	NT
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Event 344 Men 800 Meter Run Open**Sunday 6/23/2019 - 6:25 PM****National: 1:46.24 5/22/1976 Orlando Greene**

Lane Name	Age	Team	Seed Time
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Barbados Defence Force

1	416 Ronaldo Rock	BDF	1:53.00
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Elite Distance Programme

1	433 Tafari Bishop	Elite	1:53.00
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2	463 Raheem Skinner	Elite	1:54.00
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3	467 Rio Williams	Elite	1:54.00
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Pacers Track Club

1	490 Shem Boyce	PTC	2:01.58
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2	494 Agape Foster	PTC	1:56.50
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3	497 Dario Gradison	PTC	1:58.45
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Rising Stars

1	598 Savion Hoyte	RS	1:55.00
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The Lodge School

1	662 Paul Lorde	LS	1:54.84
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Performance List

UWI Blackbirds T & F Club...(Event 344 Men 800 Meter Run
 1 717 Joseph Parris UWIB 2:00.00 _____

Event 347 Women 1500 Meter Run Open**Saturday 6/22/2019 - 5:40 PM**

National: 4:32.64 3/12/2008 Sheena Gooding

Lane Name	Age	Team	Seed Time
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Elite Distance Programme

1	436	Joyce-Ann Chelterhan	Elite	5.42	_____
2	459	Charissa Moore	Elite	5:07.00	_____
3	461	Carlie Pipe	Elite	5:08.00	_____

Pacers Track Club

1	501	Shanna Jones	PTC	4:50.00	_____
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Quantum Leap

1	570	Ashley Weekes	QL	NT	_____
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Unattached

1	682	Mary Fraser	UNA	NT	_____
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Event 348 Men 1500 Meter Run Open**Saturday 6/22/2019 - 5:50 PM**

National: 3:47.82 4/4/1991 Leo Garnes

Lane Name	Age	Team	Seed Time
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B C Trac Athletic Club

1	411	Tremayne Griffith	BCT	NT	_____
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Elite Distance Programme

1	445	Nathan Goddard-Mcc	Elite	4.10	_____
2	451	Tyrese Horton	Elite	4.32	_____
3	453	JBarri Inniss	Elite	4:45.00	_____
4	463	Raheem Skinner	Elite	4:06.00	_____
5	465	Micah Stuart	Elite	4:37.00	_____
6	466	Rick Williams	Elite	4:20.00	_____
7	467	Rio Williams	Elite	4:05.00	_____

Pacers Track Club

1	494	Agape Foster	PTC	4:29.00	_____
2	497	Dario Gradison	PTC	4:20.00	_____

UWI Blackbirds T & F Club

1	717	Joseph Parris	UWIB	4:16.00	_____
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Event 349 Women 3000 Meter Run Open

National: 10:39.21 4/19/1998 Yvette Mayers

Lane Name	Age	Team	Seed Time
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Unattached

1	682	Mary Fraser	UNA	NT	_____
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Event 352 Men 5000 Meter Run Open**Friday 6/21/2019 - 6:50 PM**

National: 14:20.20 6/5/1992 Leo Garnes

Lane Name	Age	Team	Seed Time
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Elite Distance Programme

1	444	Samuel Garnes	Elite	17:24.00	_____
2	461	Carlie Pipe	Elite	NT	_____
3	465	Micah Stuart	Elite	17:01.00	_____
4	466	Rick Williams	Elite	17:17.00	_____

Event 358 Boys High Jump Under 18**Sunday 6/23/2019 - 4:00 PM**

Pos	Name	Age	Team	Seed Mark
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Christ Church Foundation Sch.

1	425	Jadyn Forde	CCFS	NH	_____
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Elite Distance Programme

1	438	O'Neil Cumberbatch	Elite	1.65m	_____
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Rising Stars

1	581	Aaron Brathwaite	RS	NH	_____
2	599	Travis Hoyte	RS	NH	_____
3	631	Shem Williams	RS	NH	_____

Event 359 Women High Jump Open**Saturday 6/22/2019 - 3:30 PM**

National: 1.95m 3/13/2016 Akela Jones

Pos	Name	Age	Team	Seed Mark
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Elite Distance Programme

1	439	Kayla Cummins	Elite	1.45m	_____
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Freedom Striders

1	477	Yuriko Harewood	FSTF	1.70m	_____
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Full Flyt Athletics

1	480	Samiya Dell	FFA	1.58m	_____
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High Performance Programme

1	485	Tia Hinds	HPP	NH	_____
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Proformers Track Club

1	518	Afraka Bynoe-Forde	PRO	1.55m	_____
2	520	Kamille Gaskin-Griffi	PRO	1.51m	_____

Rising Stars

1	632	Satera Yarde	RS	1.55m	_____
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Unattached

1	690	Jalicia Neil	UNA	1.67m	_____
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Barbados National Championships 2019 - 6/21/2019 to 6/23/2019**Athletics Association of Barbados****National Stadium, Waterford, St Michael****Performance List****Event 360 Men High Jump Open****Sunday 6/23/2019 - 4:00 PM****National: 2.25m 4/12/2008 Henderson Dottin**

Pos	Name	Age	Team	Seed	Mark
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Rising Stars...(Event 360 Men High Jump Open)

1	592 Antonio Farrell		RS		2.07m
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Unattached

1	692 O'Neil Sandiford		UNA		2.15m
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Velocity Management

1	734 Ryshon Williams		VM		NH
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Event 365 Women Long Jump Open**Sunday 6/23/2019 - 4:00 PM****National: 6.75m 6/14/2016 Akela Jones**

Pos	Name	Age	Team	Seed	Mark
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Elite Distance Programme

1	447 Zariah Greaves		Elite		5.64m
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Extreme Velocity Track Club

1	469 Jacinta Arnold		EVTC		ND
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Full Flyt Athletics

1	480 Samiya Dell		FFA		5.36m
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2	482 Avielle Small		FFA		4.47m
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High Performance Programme

1	485 Tia Hinds		HPP		ND
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Proformers Track Club

1	516 Adeyah Brewster		PRO		5.33m
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Rising Stars

1	588 Lagina Colucci		RS		ND
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2	612 Shemia Odaine		RS		5.86m
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Talons

1	646 Trishan Holder		TAL		5.01m
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Unattached

1	669 Selena Johnson		Una		ND
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2	671 Alysha Mascoll		Una		5.17m
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3	673 Misha Nelson		Una		5.44m
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United Athletic Club

1	703 Akela Jones		UAC		6.15m
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Velocity Management

1	735 Dominique Wood		VM		ND
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Event 366 Men Long Jump Open**Saturday 6/22/2019 - 3:30 PM****National: 7.84m 6/21/2014 Shamar Rock**

Pos	Name	Age	Team	Seed	Mark
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Christ Church Foundation Sch.

1	422 Nathan Crawford-Wal		CCFS		ND
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2	425 Jadya Forde		CCFS		ND
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Extreme Velocity Track Club

1	472 Shemar Hines		EVTC		6.95m
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Pacers Track Club

1	505 Lee-Andre Walker		PTC		6.75m
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Quantum Leap

1	539 Joshua Dottin		QL		5.37m
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2	555 Aaron Massiah		QL		5.05m
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3	556 Caleb Massiah		QL		6.84m
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Rising Stars

1	603 Dario King		RS		6.40m
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2	628 Antonio Weekes		RS		7.11m
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Talons

1	636 Paul Clarke		TAL		6.66m
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Unattached

1	667 Jadon Brome		Una		7.02m
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2	670 Wayne Jones		Una		6.27m
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3	674 Kayode Nurse		Una		7.02m
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Velocity Management

1	733 Dejuan Walcott		VM		ND
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Wibisco Stars Athletic Club

1	737 Mario Harewood		WS		ND
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Event 367 Girls Shot Put (3kg) Under 18**Saturday 6/22/2019 - 6:00 PM**

Pos	Name	Age	Team	Seed	Mark
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Christ Church Foundation Sch.

1	430 Jochae Parris		CCFS		ND
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Elite Distance Programme

1	440 Ryah Dates		Elite		11.05m
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Full Flyt Athletics

1	480 Samiya Dell		FFA		9.93m
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Proformers Track Club

1	520 Kamille Gaskin-Griffi		PRO		10.66m
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Rising Stars

1	604 Rowland Kirton-Brow		RS		ND
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2	616 Ronasha Phillips		RS		ND
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Performance List**Event 368 Boys Shot Put (5kg) Under 18**

Sunday 6/23/2019 - 6:00 PM

Pos	Name	Age	Team	Seed	Mark
B C	Trac Athletic Club...	(Event 368)	Boys Shot Put (5kg) Under		
1	408 Imani Austin		BCT		13.50m
2	409 Alex Duguid-Green		BCT		15.83m
3	410 Ayden Greenidge		BCT		ND
4	412 Kevon Hinds		BCT		15.64m
5	413 Kaelin King		BCT		15.56m
6	414 Jeremiah Nicholls		BCT		ND
7	415 Azarian Weekes		BCT		ND

Event 370 Men Shot Put (6kg) Under 20

Sunday 6/23/2019 - 6:00 PM

Pos	Name	Age	Team	Seed	Mark
1	409 Alex Duguid-Green		BCT		14.69m
2	411 Tremayne Griffith		BCT		12.56m
3	413 Kaelin King		BCT		14.06m

Quantum Leap

1	536 Gabriel Browne		QL		13.99m
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Event 371 Women Shot Put (4kg) Open

Saturday 6/22/2019 - 6:00 PM

National: 17.14m 6/13/2007 Shernelle Nicholls

Pos	Name	Age	Team	Seed	Mark
Elite Distance Programme					
1	443 Dayna Francis		Elite		10.85m
2	452 Shanice Hutson		Elite		11.90m
Proformers Track Club					
1	518 Afraka Bynoe-Forde		PRO		8.40m
Rising Stars					
1	619 Renita Sandiford		RS		ND
United Athletic Club					
1	702 Janita Austin		UAC		8.66m
UWI Blackbirds T & F Club					
1	719 Sandrena Small		UWIB		ND

Event 372 Men Shot Put (7.26kg) Open

Sunday 6/23/2019 - 6:00 PM

National: 17.73m 5/2/2019 Tristan Whitehall

Pos	Name	Age	Team	Seed	Mark
Elite Distance Programme					
1	432 Romario Antoine		Elite		13.20m
2	456 Dequan Lovell		Elite		17.30m

Unattached

1	675 Justin Adams-Yearwo		UNA		13.86m
2	699 Charles Walcott		UNA		12.60m

Event 373 Girls Discus Throw (1kg) Under 18

Sunday 6/23/2019 - 5:30 PM

Pos	Name	Age	Team	Seed	Mark
Elite Distance Programme					
1	440 Ryah Dates		Elite		22.41m
Rising Stars					
1	604 Rowland Kirton-Brow		RS		ND
2	616 Ronasha Phillips		RS		ND

Event 374 Boys Discus Throw (1.5kg) Under 18

Saturday 6/22/2019 - 5:00 PM

Pos	Name	Age	Team	Seed	Mark
B C Trac Athletic Club					
1	408 Imani Austin		BCT		43.96m
2	409 Alex Duguid-Green		BCT		48.23m
3	410 Ayden Greenidge		BCT		ND
4	412 Kevon Hinds		BCT		45.60m
5	413 Kaelin King		BCT		42.86m
6	414 Jeremiah Nicholls		BCT		ND
7	415 Azarian Weekes		BCT		35.00m

Event 376 Men Discus Throw (1.75kg) Under 20

Saturday 6/22/2019 - 5:00 PM

Pos	Name	Age	Team	Seed	Mark
1	409 Alex Duguid-Green		BCT		40.83m
2	411 Tremayne Griffith		BCT		34.69m
3	413 Kaelin King		BCT		36.86m

Quantum Leap

1	536 Gabriel Browne		QL		40.21m
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Event 377 Women Discus Throw (1kg) Open

Sunday 6/23/2019 - 5:30 PM

National: 52.00m 3/29/2008 Shernelle Nicholls

Pos	Name	Age	Team	Seed	Mark
Elite Distance Programme					
1	443 Dayna Francis		Elite		36.56m
2	452 Shanice Hutson		Elite		42.64m
Rising Stars					
1	619 Renita Sandiford		RS		ND
Unattached					
1	665 Akelia Flemming		Una		ND
2	697 Joy Squires		UNA		ND

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Performance List****United Athletic Club...(Event 377 Women Discus Throw (1kg)**

1 702 Janita Austin UAC 24.76m _____

UWI Blackbirds T & F Club

1 719 Sandrena Small UWIB ND _____

Event 378 Men Discus Throw (2.0kg) Open**Saturday 6/22/2019 - 5:00 PM**

National: 55.61m 4/8/2017 Tristan Whitehall

Pos	Name	Age	Team	Seed Mark
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Elite Distance Programme

1 432 Romario Antoine Elite 48.60m _____

2 456 Dequan Lovell Elite 46.50m _____

Unattached

1 675 Justin Adams-Yearwo UNA 38.85m _____

2 698 Gabriel Trotman UNA ND _____

Event 379 Girls Javelin Throw (500g) Under 18**Saturday 6/22/2019 - 3:30 PM**

Pos	Name	Age	Team	Seed Mark
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Elite Distance Programme

1 440 Ryah Dates Elite 35.65m _____

2 447 Zariah Greaves Elite 34.52m _____

Proformers Track Club

1 520 Kamille Gaskin-Griffi PRO 29.66m _____

Rising Stars

1 595 Vanessa Greaves RS 39.13m _____

2 604 Rowland Kirton-Brow RS 42.22m _____

Talons

1 646 Trishan Holder TAL ND _____

Unattached

1 676 Vivica Addison UNA ND _____

2 681 Destinee Forde-Hayne UNA ND _____

3 691 Tonneil Rowe UNA ND _____

4 739 Brianne Waldron UNA ND _____

Event 380 Boys Javelin Throw (700g) Under 18**Sunday 6/23/2019 - 4:00 PM**

Pos	Name	Age	Team	Seed Mark
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B C Trac Athletic Club

1 408 Imani Austin BCT ND _____

2 415 Azarian Weekes BCT ND _____

Talons

1 660 Ross Walrond TAL 49.52m _____

Unattached

1 683 Nicholas Grimes UNA ND _____

Event 383 Women Javelin Throw (600g) Open**Saturday 6/22/2019 - 3:30 PM**

National: 47.00m 3/24/2008 Deandra Dottin

Pos	Name	Age	Team	Seed Mark
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1 665 Akelia Flemming Una ND _____

United Athletic Club

1 702 Janita Austin UAC 24.96m _____

UWI Blackbirds T & F Club

1 714 Nakish Joseph UWIB 28.63m _____

Event 384 Men Javelin Throw (800g) Open**Sunday 6/23/2019 - 4:00 PM**

National: 78.71m 4/8/2017 Janeil Craigg

Pos	Name	Age	Team	Seed Mark
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Rising Stars

1 613 Don-Ross Oliver RS ND _____

Unattached

1 685 Ahijah Hill UNA ND _____

2 686 Zion Hill UNA ND _____

3 689 Calvin Marcus UNA ND _____

4 666 Micah Shepherd Una ND _____

5 696 Jonathan Squires UNA ND _____

6 698 Gabriel Trotman UNA ND _____

Event 386 Boys Triple Jump Under 18**Sunday 6/23/2019 - 5:30 PM**

Pos	Name	Age	Team	Seed Mark
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Christ Church Foundation Sch.

1 422 Nathan Crawford-Wal CCFS ND _____

Velocity Management

1 730 Aren Spencer VM ND _____

2 733 Dejuan Walcott VM ND _____

Event 387 Women Triple Jump Open**Saturday 6/22/2019 - 5:15 PM**

National: 13.35m 4/4/2008 Seidre Forde

Pos	Name	Age	Team	Seed Mark
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Extreme Velocity Track Club

1 469 Jacinta Arnold EVTC 11.33m _____

Unattached

1 669 Selena Johnson Una ND _____

2 695 Aria Small UNA 13.24m _____

Velocity Management

1 735 Dominique Wood VM ND _____



Barbados National Championships 2019 - 6/21/2019 to 6/23/2019

Athletics Association of Barbados

National Stadium, Waterford, St Michael

Performance List**Event 388 Men Triple Jump Open****Sunday 6/23/2019 - 5:30 PM**

National: 16.70m 5/17/1992 Alvin Haynes

Pos	Name	Age	Team	Seed Mark
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Rising Stars...(Event 388 Men Triple Jump Open)

1	628 Antonio Weekes		RS	14.96m
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Unattached

1	667 Jadon Brome		Una	15.63m
2	689 Calvin Marcus		UNA	ND
3	672 Jemuel Miller		Una	15.04m

Wibisco Stars Athletic Club

1	737 Mario Harewood		WS	ND
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Event 403 Women 4x100 Meter Relay Open**Saturday 6/22/2019 - 2:40 PM**

National: 44.34 8/1/2004

L Cox, G Williams, L Lucas, J Bailey

Lane	Team	Relay	Seed Time
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Elite Distance Programme

1	Elite	A	NT
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Proformers Track Club

1	PRO	A	NT
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Quantum Leap

1	QL	A	NT
2	QL	B	NT

Rising Stars

1	RS	A	NT
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Event 404 Men 4x100 Meter Relay Open**Saturday 6/22/2019 - 2:45 PM**

National: 38.55 7/24/2015

L. Cadogan, R. Gittens, N. Deshong, B. Ellis

Lane	Team	Relay	Seed Time
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Elite Distance Programme

1	Elite	A	NT
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Pacers Track Club

1	PTC	A	NT
2	PTC	B	NT

Proformers Track Club

1	PRO	A	NT
2	PRO	B	NT

Quantum Leap

1	QL	A	NT
2	QL	B	NT

Rising Stars

1	RS	A	NT
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Event 405 Women 4x400 Meter Relay Open**Sunday 6/23/2019 - 7:20 PM**

National: 3:30.72 7/30/1999

M. Straker, A. Blackett, T. Oxley, J. Durant

Lane	Team	Relay	Seed Time
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Elite Distance Programme

1	Elite	A	NT
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Quantum Leap

1	QL	A	NT
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Event 406 Men 4x400 Meter Relay Open**Sunday 6/23/2019 - 7:30 PM**

National: 3:01.60 8/11/1984

D. Peltier, R. Louis, C. Edwards, E. Forde

Lane	Team	Relay	Seed Time
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Elite Distance Programme

1	Elite	A	NT
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Pacers Track Club

1	PTC	A	NT
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Quantum Leap

1	QL	A	NT
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Rising Stars

1	RS	A	NT
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Athletics Association
of Barbados