Powerade-Dasani, The Official Hydration Partner of the AAB

Usain Bolt Complex & National Stadium

Session Report

Session: 1 Friday Track Events Day 1 - Friday 3/10/2023 - Starts at 07:00 PM

	Event	Round
7:00 PM	#11 Girls 400 Meter Hurdles 76 cms Under 17	Prelims
7:00 PM	#13 Girls 400 Meter Hurdles 76 cms Under 20	Prelims
7:00 PM	#15 Women 400 Meter Hurdles 76 cms Open	Prelims
7:10 PM	#12 Boys 400 Meter Hurdles 84 cms Under 17	Prelims
7:10 PM	#14 Boys 400 Meter Hurdles 91 cms Under 20	Prelims
7:10 PM	#16 Men 400 Meter Hurdles 91 cms Open	Prelims
7:30 PM	#51 Women 400 Meter Dash Open	Prelims
7:40 PM	#52 Men 400 Meter Dash Open	Prelims
7:50 PM	#47 Girls 400 Meter Dash Under 17	Prelims
8:00 PM	#48 Boys 400 Meter Dash Under 17	Prelims
8:10 PM	#49 Girls 400 Meter Dash Under 20	Prelims
8:20 PM	#50 Boys 400 Meter Dash Under 20	Prelims
8:35 PM	#76 Men 5000 Meter Run Open	Finals
9:00 PM	#3 Girls 100 Meter Hurdles 76 cms Under 17	Prelims
9:10 PM	#5 Girls 100 Meter Hurdles 84 cms Under 20	Prelims
9:10 PM	#7 Women 100 Meter Hurdles 84 cms Open	Prelims
9:20 PM	#4 Boys 110 Meter Hurdles 91 cms Under 17	Prelims
9:30 PM	#6 Boys 110 Meter Hurdles 99 cms Under 20	Prelims
9:30 PM	#8 Men 110 Meter Hurdles 106 cms Open	Prelims

Session: 2 Saturday Throwing Events - National Stadium Day 2 - Saturday 3/11/2023 - Starts at 01:00 PM

	Event	Round
1:00 PM	#115 Girls Javelin Throw 500g Juniors	Finals
1:00 PM	#116 Boys Javelin Throw 600g Juniors	Finals
1:00 PM	#117 Girls Javelin Throw 500g Under 17	Finals
1:00 PM	#118 Boys Javelin Throw 700g Under 17	Finals
1:00 PM	#119 Girls Javelin Throw 600g Under 20	Finals
1:00 PM	#120 Boys Javelin Throw 800g Under 20	Finals
1:00 PM	#121 Women Javelin Throw 600g Open	Finals
1:00 PM	#122 Men Javelin Throw 800g Open	Finals
2:15 PM	#107 Girls Discus Throw 1kg Juniors	Finals
2:15 PM	#108 Boys Discus Throw 1kg Juniors	Finals
2:15 PM	#109 Girls Discus Throw 1kg Under 17	Finals
2:15 PM	#110 Boys Discus Throw 1.5kg Under 17	Finals
2:15 PM	#111 Girls Discus Throw 1kg Under 20	Finals
2:15 PM	#112 Boys Discus Throw 1.75kg Under 20	Finals
2:15 PM	#113 Women Discus Throw 1kg Open	Finals
2:15 PM	#114 Men Discus Throw 2kg Open	Finals

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Session Report

Session: 3 Saturday Field Events - UWI Day 2 - Saturday 3/11/2023 - Starts at 03:00 PM

	Event	Round
3:00 PM	#94 Boys Triple Jump Under 17	Finals
3:00 PM	#96 Boys Triple Jump Under 20	Finals
3:00 PM	#98 Men Triple Jump Open	Finals
3:00 PM	#79 Girls High Jump Under 17	Finals
3:00 PM	#81 Girls High Jump Under 20	Finals
3:00 PM	#83 Women High Jump Open	Finals
4:30 PM	#85 Girls Long Jump (South Pit) Under 15	Finals
4:30 PM	#86 Boys Long Jump (North Pit) Under 15	Finals
6:00 PM	#88 Boys Long Jump Under 17	Finals
6:00 PM	#90 Boys Long Jump Under 20	Finals
6:00 PM	#92 Men Long Jump Open	Finals

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Session Report

Session: 4 Saturday Track Events Day 2 - Saturday 3/11/2023 - Starts at 03:00 PM

	Event	Round
3:00 PM	#27 Women 100 Meter Dash Open	Prelims
3:10 PM	#28 Men 100 Meter Dash Open	Prelims
3:20 PM	#23 Girls 100 Meter Dash Under 17	Prelims
3:30 PM	#24 Boys 100 Meter Dash Under 17	Prelims
3:40 PM	#25 Girls 100 Meter Dash Under 20	Prelims
3:50 PM	#26 Boys 100 Meter Dash Under 20	Prelims
4:05 PM	#31 Girls 200 Meter Dash Under 13	Finals
4:10 PM	#32 Boys 200 Meter Dash Under 13	Finals
4:15 PM	#33 Girls 200 Meter Dash Under 15	Finals
4:20 PM	#34 Boys 200 Meter Dash Under 15	Finals
4:45 PM	#3 Girls 100 Meter Hurdles 76 cms Under 17	Finals
4:55 PM	#5 Girls 100 Meter Hurdles 84 cms Under 20	Finals
4:55 PM	#7 Women 100 Meter Hurdles 84 cms Open	Finals
5:05 PM	#4 Boys 110 Meter Hurdles 91 cms Under 17	Finals
5:15 PM	#6 Boys 110 Meter Hurdles 99 cms Under 20	Finals
5:15 PM	#8 Men 110 Meter Hurdles 106 cms Open	Finals
5:30 PM	#67 Girls 1500 Meter Run Under 17	Finals
5:40 PM	#68 Boys 1500 Meter Run Under 17	Finals
5:50 PM	#69 Girls 1500 Meter Run Under 20	Finals
5:50 PM	#71 Women 1500 Meter Run Open	Finals
6:00 PM	#70 Boys 1500 Meter Run Under 20	Finals
6:00 PM	#72 Men 1500 Meter Run Open	Finals
6:15 PM	#51 Women 400 Meter Dash Open	Finals
6:22 PM	#52 Men 400 Meter Dash Open	Finals
6:30 PM	#47 Girls 400 Meter Dash Under 17	Finals
6:37 PM	#48 Boys 400 Meter Dash Under 17	Finals
6:45 PM	#49 Girls 400 Meter Dash Under 20	Finals
6:52 PM	#50 Boys 400 Meter Dash Under 20	Finals
7:10 PM	#27 Women 100 Meter Dash Open	Finals
7:17 PM	#28 Men 100 Meter Dash Open	Finals
7:25 PM	#23 Girls 100 Meter Dash Under 17	Finals
7:32 PM	#24 Boys 100 Meter Dash Under 17	Finals
7:40 PM	#25 Girls 100 Meter Dash Under 20	Finals
7:47 PM	#26 Boys 100 Meter Dash Under 20	Finals

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Session Report

Session: 5 Sunday Field Events - UWI Day 2 - Saturday 3/11/2023 - Starts at 04:00 PM

	Event	Round	
4:00 PM	#99 Girls Shot Put 3kg Juniors	Finals	
4:00 PM	#101 Girls Shot Put 3kg Under 17	Finals	
4:00 PM	#103 Girls Shot Put 4kg Under 20	Finals	
4:00 PM	#105 Women Shot Put 4kg Open	Finals	
4:00 PM	#93 Girls Triple Jump Under 17	Finals	
4:00 PM	#95 Girls Triple Jump Under 20	Finals	
4:00 PM	#97 Women Triple Jump Open	Finals	
5:00 PM	#100 Boys Shot Put 4kg Juniors	Finals	
5:00 PM	#102 Boys Shot Put 5kg Under 17	Finals	
5:00 PM	#104 Boys Shot Put 6kg Under 20	Finals	
5:00 PM	#106 Men Shot Put 7.260kg Open	Finals	
5:00 PM	#80 Boys High Jump Under 17	Finals	
5:00 PM	#82 Boys High Jump Under 20	Finals	
5:00 PM	#84 Men High Jump Open	Finals	
5:30 PM	#87 Girls Long Jump Under 17	Finals	
5:30 PM	#89 Girls Long Jump Under 20	Finals	
5:30 PM	#91 Women Long Jump Open	Finals	

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Session Report

Session: 6 Sunday Track Events Day 3 - Sunday 3/12/2023 - Starts at 04:00 PM

	Event	Round
4:00 PM	#11 Girls 400 Meter Hurdles 76 cms Under 17	Finals
4:00 PM	#13 Girls 400 Meter Hurdles 76 cms Under 20	Finals
4:00 PM	#15 Women 400 Meter Hurdles 76 cms Open	Finals
4:10 PM	#12 Boys 400 Meter Hurdles 84 cms Under 17	Finals
4:10 PM	#14 Boys 400 Meter Hurdles 91 cms Under 20	Finals
4:10 PM	#16 Men 400 Meter Hurdles 91 cms Open	Finals
4:30 PM	#39 Women 200 Meter Dash Open	Prelims
4:40 PM	#40 Men 200 Meter Dash Open	Prelims
4:50 PM	#35 Girls 200 Meter Dash Under 17	Prelims
5:00 PM	#36 Boys 200 Meter Dash Under 17	Prelims
5:10 PM	#37 Girls 200 Meter Dash Under 20	Prelims
5:20 PM	#38 Boys 200 Meter Dash Under 20	Prelims
5:35 PM	#43 Girls 400 Meter Dash Under 13	Finals
5:40 PM	#44 Boys 400 Meter Dash Under 13	Finals
5:45 PM	#45 Girls 400 Meter Dash Under 15	Finals
5:55 PM	#46 Boys 400 Meter Dash Under 15	Finals
6:10 PM	#65 Women 800 Meter Run Open	Finals
6:15 PM	#66 Men 800 Meter Run Open	Finals
6:20 PM	#61 Girls 800 Meter Run Under 17	Finals
6:25 PM	#62 Boys 800 Meter Run Under 17	Finals
6:30 PM	#63 Girls 800 Meter Run Under 20	Finals
6:35 PM	#64 Boys 800 Meter Run Under 20	Finals
6:50 PM	#19 Girls 100 Meter Dash Under 13	Finals
6:55 PM	#20 Boys 100 Meter Dash Under 13	Finals
7:00 PM	#21 Girls 100 Meter Dash Under 15	Finals
7:05 PM	#22 Boys 100 Meter Dash Under 15	Finals
7:20 PM	#73 Women 3000 Meter Run Open	Finals
7:20 PM	#74 Boys 3000 Meter Run Under 17	Finals
7:35 PM	#39 Women 200 Meter Dash Open	Finals
7:42 PM	#40 Men 200 Meter Dash Open	Finals
7:50 PM	#35 Girls 200 Meter Dash Under 17	Finals
7:57 PM	#36 Boys 200 Meter Dash Under 17	Finals
8:05 PM	#37 Girls 200 Meter Dash Under 20	Finals
8:12 PM	#38 Boys 200 Meter Dash Under 20	Finals
8:25 PM	#132 Women 4x400 Meter Relay Open	Finals
8:35 PM	#133 Men 4x400 Meter Relay Open	Finals