Session: 1 Saturday Throwing Events - National Stadium Day 1 - Saturday 2/25/2023 - Starts at 01:00 PM

Event		Event	Round
	1:00 PM	#115 Girls Javelin Throw 500g Juniors	Finals
	1:00 PM	#118 Boys Javelin Throw 700g Under 17	Finals
	1:00 PM	#121 Women Javelin Throw 600g Open	Finals
	1:00 PM	#122 Men Javelin Throw 800g Open	Finals
	2:15 PM	#107 Girls Discus Throw 1kg Juniors	Finals
	2:15 PM	#109 Girls Discus Throw 1kg Under 17	Finals
	2:15 PM	#111 Girls Discus Throw 1kg Under 20	Finals
	2:15 PM	#112 Boys Discus Throw 1.75kg Under 20	Finals
	2:15 PM	#113 Women Discus Throw 1kg Open	Finals
	2:15 PM	#114 Men Discus Throw 2kg Open	Finals

Session: 2 Saturday Field Events - UWI Day 1 - Saturday 2/25/2023 - Starts at 03:00 PM

	Event	Round	
3:00 PM	#85 Girls Long Jump Under 15	Finals	
3:00 PM	#86 Boys Long Jump Under 15	Finals	
4:00 PM	#79 Girls High Jump Under 17	Finals	
4:00 PM	#83 Women High Jump Open	Finals	
4:30 PM	#87 Girls Long Jump Under 17	Finals	
4:30 PM	#91 Women Long Jump Open	Finals	
6:15 PM	#94 Boys Triple Jump Under 17	Finals	
6:15 PM	#98 Men Triple Jump Open	Finals	

Session: 3 Saturday Track Events Day 1 - Saturday 2/25/2023 - Starts at 03:00 PM

	Eve	nt	Round	
3:00 PM	#4	Boys 110 Meter Hurdles 91 cms Under 17	Finals	
3:00 PM	#6	Boys 110 Meter Hurdles 99 cms Under 20	Finals	
3:10 PM	#3	Girls 100 Meter Hurdles 76 cms Under 17	Finals	
3:20 PM	#7	Women 100 Meter Hurdles 84 cms Open	Finals	
3:20 PM	#5	Girls 100 Meter Hurdles 84 cms Under 20	Finals	
3:35 PM	#47	Girls 400 Meter Dash Under 17	Prelims	
3:45 PM	#48	Boys 400 Meter Dash Under 17	Prelims	
3:55 PM	#50	Boys 400 Meter Dash Under 20	Prelims	
4:05 PM	#51	Women 400 Meter Dash Open	Prelims	
4:15 PM	#52	Men 400 Meter Dash Open	Prelims	
4:30 PM	#31	Girls 200 Meter Dash Under 13	Finals	
4:35 PM	#32	Boys 200 Meter Dash Under 13	Finals	
4:40 PM	#33	Girls 200 Meter Dash Under 15	Finals	
4:45 PM	#34	Boys 200 Meter Dash Under 15	Finals	
5:00 PM	#23	Girls 100 Meter Dash Under 17	Prelims	
5:10 PM	#24	Boys 100 Meter Dash Under 17	Prelims	
5:20 PM		Boys 100 Meter Dash Under 20	Prelims	
5:30 PM	#27	Women 100 Meter Dash Open	Prelims	
5:40 PM	#28	Men 100 Meter Dash Open	Prelims	
6:00 PM		Girls 1500 Meter Run Under 17	Finals	
6:00 PM		Women 1500 Meter Run Open	Finals	
6:10 PM		Boys 1500 Meter Run Under 17	Finals	
6:10 PM		Men 1500 Meter Run Open	Finals	
6:25 PM		Mixed 4x100 Meter Relay Juniors	Finals	
6:35 PM		Girls 400 Meter Dash Under 17	Finals	
6:42 PM		Boys 400 Meter Dash Under 17	Finals	
6:50 PM		Boys 400 Meter Dash Under 20	Finals	
6:57 PM		Women 400 Meter Dash Open	Finals	
7:05 PM		Men 400 Meter Dash Open	Finals	
7:20 PM		Girls 100 Meter Dash Under 17	Finals	
7:27 PM		Boys 100 Meter Dash Under 17	Finals	
7:35 PM		Boys 100 Meter Dash Under 20	Finals	
7:42 PM		Women 100 Meter Dash Open	Finals	
7:50 PM	#28	Men 100 Meter Dash Open	Finals	

Session: 4 Sunday Field Events - UWI Day 2 - Sunday 2/26/2023 - Starts at 04:00 PM

	Event	Round	
4:00 PM	#101 Girls Shot Put 3kg Under 17	Finals	
4:00 PM	#103 Girls Shot Put 4kg Under 20	Finals	
4:00 PM	#105 Women Shot Put 4kg Open	Finals	
4:00 PM	#97 Women Triple Jump Open	Finals	
4:00 PM	#80 Boys High Jump Under 17	Finals	
4:00 PM	#84 Men High Jump Open	Finals	
5:30 PM	#88 Boys Long Jump Under 17	Finals	
5:30 PM	#92 Men Long Jump Open	Finals	
6:00 PM	#100 Boys Shot Put 4kg Juniors	Finals	
6:00 PM	#102 Boys Shot Put 5kg Under 17	Finals	
6:00 PM	#104 Boys Shot Put 6kg Under 20	Finals	
6:00 PM	#106 Men Shot Put 7.260kg Open	Finals	

Session: 5 Sunday Track Events Day 2 - Sunday 2/26/2023 - Starts at 04:00 PM

	Event	Round
4:00 PM	#9 Girls 300 Meter Hurdles 76 cms Juniors	Finals
4:00 PM	#10 Boys 300 Meter Hurdles 76 cms Juniors	Finals
4:15 PM	#11 Girls 400 Meter Hurdles 76 cms Under 17	Finals
4:15 PM	#15 Women 400 Meter Hurdles 76 cms Open	Finals
4:25 PM	#12 Boys 400 Meter Hurdles 84 cms Under 17	Finals
4:35 PM	#16 Men 400 Meter Hurdles 91 cms Open	Finals
4:50 PM	#35 Girls 200 Meter Dash Under 17	Prelims
5:00 PM	#36 Boys 200 Meter Dash Under 17	Prelims
5:15 PM	#38 Boys 200 Meter Dash Under 20	Prelims
5:25 PM	#39 Women 200 Meter Dash Open	Prelims
5:35 PM	#40 Men 200 Meter Dash Open	Prelims
5:55 PM	#43 Girls 400 Meter Dash Under 13	Finals
6:00 PM	#44 Boys 400 Meter Dash Under 13	Finals
6:05 PM	#45 Girls 400 Meter Dash Under 15	Finals
6:10 PM	#46 Boys 400 Meter Dash Under 15	Finals
6:20 PM	#73 Women 3000 Meter Run Open	Finals
6:20 PM	#74 Boys 3000 Meter Run Under 17	Finals
6:20 PM	#76 Men 5000 Meter Run Open	Finals
6:45 PM	#61 Girls 800 Meter Run Under 17	Finals
6:50 PM	#62 Boys 800 Meter Run Under 17	Finals
6:55 PM	#65 Women 800 Meter Run Open	Finals
7:00 PM	#66 Men 800 Meter Run Open	Finals
7:15 PM	#19 Girls 100 Meter Dash Under 13	Finals
7:20 PM	#20 Boys 100 Meter Dash Under 13	Finals
7:25 PM	#21 Girls 100 Meter Dash Under 15	Finals
7:30 PM	#22 Boys 100 Meter Dash Under 15	Finals
7:48 PM	#35 Girls 200 Meter Dash Under 17	Finals
7:52 PM	#36 Boys 200 Meter Dash Under 17	Finals
8:00 PM	#38 Boys 200 Meter Dash Under 20	Finals
8:07 PM	#39 Women 200 Meter Dash Open	Finals
8:15 PM	#40 Men 200 Meter Dash Open	Finals
8:30 PM	#133 Mixed 4x400 Meter Relay Open	Finals