

**Barbados National Championships 2023 - 7/7/2023 to 7/9/2023****Athletics Association of Barbados  
Usain Bolt Complex & National Stadium  
Session Report**

Session: 1 Friday Track & Field Events  
Day 1 - Friday 7/7/2023 - Starts at 06:00 PM

<b>Event</b>	<b>Round</b>
6:00 PM #11 Girls 400 Meter Hurdles 76 cms Under 18	Prelims
6:00 PM #15 Women 400 Meter Hurdles 76 cms Open	Prelims
6:10 PM #12 Boys 400 Meter Hurdles 84 cms Under 18	Prelims
6:10 PM #16 Men 400 Meter Hurdles 91 cms Open	Prelims
6:30 PM #62 Boys 800 Meter Run Under 18	Prelims
6:40 PM #66 Men 800 Meter Run Open	Prelims
7:00 PM #88 Boys Long Jump Under 18	Finals
7:10 PM #4 Boys 110 Meter Hurdles 91 cms Under 18	Prelims
7:25 PM #6 Boys 110 Meter Hurdles 99 cms Under 20	Prelims
7:25 PM #8 Men 110 Meter Hurdles 106 cms Open	Prelims
7:40 PM #3 Girls 100 Meter Hurdles 76 cms Under 18	Prelims
7:50 PM #5 Girls 100 Meter Hurdles 84 cms Under 20	Prelims
7:50 PM #7 Women 100 Meter Hurdles 84 cms Open	Prelims
8:05 PM #76 Men 5000 Meter Run Open	Finals
8:30 PM #47 Girls 400 Meter Dash Under 18	Prelims
8:40 PM #48 Boys 400 Meter Dash Under 18	Prelims
8:50 PM #50 Boys 400 Meter Dash Under 20	Prelims
9:00 PM #49 Girls 400 Meter Dash Under 20	Prelims
9:10 PM #51 Women 400 Meter Dash Open	Prelims
9:20 PM #52 Men 400 Meter Dash Open	Prelims

Session: 2 Saturday Throwing Events - National Stadium  
Day 2 - Saturday 7/8/2023 - Starts at 01:00 PM

<b>Event</b>	<b>Round</b>
1:00 PM #117 Girls Javelin Throw 500g Under 18	Finals
1:00 PM #118 Boys Javelin Throw 700g Under 18	Finals
1:00 PM #121 Women Javelin Throw 600g Open	Finals
1:00 PM #122 Men Javelin Throw 800g Open	Finals
2:30 PM #109 Girls Discus Throw 1kg Under 18	Finals
2:30 PM #110 Boys Discus Throw 1.5kg Under 18	Finals
2:30 PM #112 Boys Discus Throw 1.75kg Under 20	Finals
2:30 PM #111 Girls Discus Throw 1kg Under 20	Finals
2:30 PM #113 Women Discus Throw 1kg Open	Finals
2:30 PM #114 Men Discus Throw 2kg Open	Finals

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Session: 3 Saturday Field Events - UWI  
Day 2 - Saturday 7/8/2023 - Starts at 04:00 PM

<b>Event</b>	<b>Round</b>
4:00 PM #92 Men Long Jump Open	Finals
6:00 PM #79 Girls High Jump Under 18	Finals
6:00 PM #83 Women High Jump Open	Finals
6:30 PM #93 Girls Triple Jump Under 18	Finals
6:30 PM #97 Women Triple Jump Open	Finals

Session: 4 Saturday Track Events  
Day 2 - Saturday 7/8/2023 - Starts at 04:00 PM

<b>Event</b>	<b>Round</b>
4:00 PM #23 Girls 100 Meter Dash Under 18	Prelims
4:15 PM #24 Boys 100 Meter Dash Under 18	Prelims
4:30 PM #25 Girls 100 Meter Dash Under 20	Prelims
4:40 PM #26 Boys 100 Meter Dash Under 20	Prelims
4:50 PM #27 Women 100 Meter Dash Open	Prelims
5:00 PM #28 Men 100 Meter Dash Open	Prelims
5:20 PM #31 Girls 200 Meter Dash Under 13	Finals
5:25 PM #32 Boys 200 Meter Dash Under 13	Finals
5:30 PM #34 Boys 200 Meter Dash Under 15	Finals
5:35 PM #33 Girls 200 Meter Dash Under 15	Finals
5:55 PM #4 Boys 110 Meter Hurdles 91 cms Under 18	Finals
6:05 PM #6 Boys 110 Meter Hurdles 99 cms Under 20	Finals
6:05 PM #8 Men 110 Meter Hurdles 106 cms Open	Finals
6:20 PM #3 Girls 100 Meter Hurdles 76 cms Under 18	Finals
6:20 PM #5 Girls 100 Meter Hurdles 84 cms Under 20	Finals
6:20 PM #7 Women 100 Meter Hurdles 84 cms Open	Finals
6:40 PM #67 Girls 1500 Meter Run Under 18	Finals
6:40 PM #71 Women 1500 Meter Run Open	Finals
6:50 PM #68 Boys 1500 Meter Run Under 18	Finals
6:50 PM #72 Men 1500 Meter Run Open	Finals
7:05 PM #47 Girls 400 Meter Dash Under 18	Finals
7:12 PM #48 Boys 400 Meter Dash Under 18	Finals
7:20 PM #49 Girls 400 Meter Dash Under 20	Finals
7:27 PM #50 Boys 400 Meter Dash Under 20	Finals
7:35 PM #51 Women 400 Meter Dash Open	Finals
7:42 PM #52 Men 400 Meter Dash Open	Finals
7:55 PM #23 Girls 100 Meter Dash Under 18	Finals
8:02 PM #24 Boys 100 Meter Dash Under 18	Finals
8:10 PM #25 Girls 100 Meter Dash Under 20	Finals
8:17 PM #26 Boys 100 Meter Dash Under 20	Finals
8:25 PM #27 Women 100 Meter Dash Open	Finals
8:32 PM #28 Men 100 Meter Dash Open	Finals

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Session: 5 Sunday Field Events - UWI  
Day 3 - Sunday 7/9/2023 - Starts at 04:00 PM

<b>Event</b>	<b>Round</b>
4:00 PM #101 Girls Shot Put 3kg Under 18	Finals
4:00 PM #103 Girls Shot Put 4kg Under 20	Finals
4:00 PM #105 Women Shot Put 4kg Open	Finals
4:00 PM #94 Boys Triple Jump Under 18	Finals
4:00 PM #98 Men Triple Jump Open	Finals
5:00 PM #80 Boys High Jump Under 18	Finals
5:00 PM #84 Men High Jump Open	Finals
5:30 PM #87 Girls Long Jump Under 18	Finals
5:30 PM #91 Women Long Jump Open	Finals
6:00 PM #102 Boys Shot Put 5kg Under 18	Finals
6:00 PM #104 Boys Shot Put 6kg Under 20	Finals
6:00 PM #106 Men Shot Put 7.260kg Open	Finals

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Session: 6 Sunday Track Events  
Day 3 - Sunday 7/9/2023 - Starts at 04:00 PM

<b>Event</b>	<b>Round</b>
4:00 PM #35 Girls 200 Meter Dash Under 18	Prelims
4:10 PM #36 Boys 200 Meter Dash Under 18	Prelims
4:20 PM #37 Girls 200 Meter Dash Under 20	Prelims
4:30 PM #38 Boys 200 Meter Dash Under 20	Prelims
4:40 PM #39 Women 200 Meter Dash Open	Prelims
4:50 PM #40 Men 200 Meter Dash Open	Prelims
5:10 PM #19 Girls 100 Meter Dash Under 13	Finals
5:15 PM #20 Boys 100 Meter Dash Under 13	Finals
5:20 PM #21 Girls 100 Meter Dash Under 15	Finals
5:25 PM #22 Boys 100 Meter Dash Under 15	Finals
5:45 PM #11 Girls 400 Meter Hurdles 76 cms Under 18	Finals
5:45 PM #15 Women 400 Meter Hurdles 76 cms Open	Finals
5:55 PM #12 Boys 400 Meter Hurdles 84 cms Under 18	Finals
5:55 PM #16 Men 400 Meter Hurdles 91 cms Open	Finals
6:05 PM #73 Women 3000 Meter Run Open	Finals
6:05 PM #74 Boys 3000 Meter Run Under 18	Finals
6:25 PM #43 Girls 400 Meter Dash Under 13	Finals
6:30 PM #44 Boys 400 Meter Dash Under 13	Finals
6:35 PM #45 Girls 400 Meter Dash Under 15	Finals
6:40 PM #46 Boys 400 Meter Dash Under 15	Finals
6:55 PM #61 Girls 800 Meter Run Under 18	Finals
7:00 PM #62 Boys 800 Meter Run Under 18	Finals
7:05 PM #65 Women 800 Meter Run Open	Finals
7:10 PM #66 Men 800 Meter Run Open	Finals
7:25 PM #35 Girls 200 Meter Dash Under 18	Finals
7:32 PM #36 Boys 200 Meter Dash Under 18	Finals
7:40 PM #37 Girls 200 Meter Dash Under 20	Finals
7:47 PM #38 Boys 200 Meter Dash Under 20	Finals
7:55 PM #39 Women 200 Meter Dash Open	Finals
8:02 PM #40 Men 200 Meter Dash Open	Finals