

Dasani-Powerade Barbados National Championships 2024 - 6/20/2024 to 6/23/2024

Athletics Association of Barbados

Usain Bolt Complex

Session Report

Session: 1 Thursday Throwing Events - Coleridge & Parry
Day 1 - Thursday 6/20/2024 - Starts at 05:30 PM

Event	Round
5:30 PM #121 Women Javelin Throw 600g Open	Finals
5:30 PM #122 Men Javelin Throw 800g Open	Finals
5:30 PM #110 Boys Discus Throw 1.5kg Under 18	Finals
6:30 PM #112 Boys Discus Throw 1.75kg Under 20	Finals
6:30 PM #113 Women Discus Throw 1kg Open	Finals
6:30 PM #114 Men Discus Throw 2kg Open	Finals



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Session: 2 Friday Track & Field Events
Day 2 - Friday 6/21/2024 - Starts at 06:00 PM

Event	Round
6:00 PM #28 Men 100 Meter Dash Open	Prelims
6:25 PM #3 Girls 100 Meter Hurdles 76 cms Under 18	Prelims
6:35 PM #5 Girls 100 Meter Hurdles 84 cms Under 20	Prelims
6:45 PM #7 Women 100 Meter Hurdles 84 cms Open	Prelims
7:00 PM #4 Boys 110 Meter Hurdles 91 cms Under 18	Prelims
7:10 PM #6 Boys 110 Meter Hurdles 99 cms Under 20	Prelims
7:10 PM #8 Men 110 Meter Hurdles 106 cms Open	Prelims
7:30 PM #47 Girls 400 Meter Dash Under 18	Prelims
7:40 PM #48 Boys 400 Meter Dash Under 18	Prelims
7:55 PM #51 Women 400 Meter Dash Open	Prelims
8:05 PM #52 Men 400 Meter Dash Open	Prelims
8:20 PM #61 Girls 800 Meter Run Under 18	Prelims
8:27 PM #62 Boys 800 Meter Run Under 18	Prelims
8:50 PM #11 Girls 400 Meter Hurdles 76 cms Under 18	Prelims
9:00 PM #15 Women 400 Meter Hurdles 76 cms Open	Prelims
9:10 PM #12 Boys 400 Meter Hurdles 84 cms Under 18	Prelims
9:20 PM #16 Men 400 Meter Hurdles 91 cms Open	Prelims
9:40 PM #40 Men 200 Meter Dash Open	Prelims





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Session: 3 Saturday Field Events - UWI
Day 3 - Saturday 6/22/2024 - Starts at 04:00 PM

	Event	Round
4:00 PM	#88 Boys Long Jump Under 18	Finals
4:00 PM	#92 Men Long Jump Open	Finals
4:00 PM	#79 Girls High Jump Under 18	Finals
4:00 PM	#83 Women High Jump Open	Finals
5:30 PM	#93 Girls Triple Jump Under 18	Finals
5:30 PM	#97 Women Triple Jump Open	Finals



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Session: 4 Saturday Track Events

Day 3 - Saturday 6/22/2024 - Starts at 04:00 PM

Event	Round
4:00 PM #23 Girls 100 Meter Dash Under 18	Prelims
4:15 PM #24 Boys 100 Meter Dash Under 18	Prelims
4:30 PM #27 Women 100 Meter Dash Open	Prelims
4:40 PM #28 Men 100 Meter Dash Open	Semis
5:00 PM #31 Girls 200 Meter Dash Under 13	Finals
5:05 PM #32 Boys 200 Meter Dash Under 13	Finals
5:10 PM #34 Boys 200 Meter Dash Under 15	Finals
5:15 PM #33 Girls 200 Meter Dash Under 15	Finals
5:35 PM #4 Boys 110 Meter Hurdles 91 cms Under 18	Finals
5:45 PM #6 Boys 110 Meter Hurdles 99 cms Under 20	Finals
5:45 PM #8 Men 110 Meter Hurdles 106 cms Open	Finals
5:55 PM #3 Girls 100 Meter Hurdles 76 cms Under 18	Finals
6:05 PM #5 Girls 100 Meter Hurdles 84 cms Under 20	Finals
6:15 PM #7 Women 100 Meter Hurdles 84 cms Open	Finals
6:30 PM #67 Girls 1500 Meter Run Under 18	Finals
6:30 PM #71 Women 1500 Meter Run Open	Finals
6:40 PM #68 Boys 1500 Meter Run Under 18	Finals
6:50 PM #72 Men 1500 Meter Run Open	Finals
CELEBRITY RACE	
7:20 PM #23 Girls 100 Meter Dash Under 18	Finals
7:27 PM #24 Boys 100 Meter Dash Under 18	Finals
7:35 PM #27 Women 100 Meter Dash Open	Finals
7:42 PM #28 Men 100 Meter Dash Open	Finals
7:55 PM #47 Girls 400 Meter Dash Under 18	Finals
8:02 PM #48 Boys 400 Meter Dash Under 18	Finals
8:10 PM #51 Women 400 Meter Dash Open	Finals
Men's A & B Final	
8:17 PM #52 Men 400 Meter Dash Open	Finals



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Session: 5 Sunday Field Events - UWI
 Day 4 - Sunday 6/23/2024 - Starts at 04:00 PM

Event	Round
4:00 PM #101 Girls Shot Put 3kg Under 18	Finals
4:00 PM #105 Women Shot Put 4kg Open	Finals
4:00 PM #98 Men Triple Jump Open	Finals
5:00 PM #80 Boys High Jump Under 18	Finals
5:00 PM #84 Men High Jump Open	Finals
5:30 PM #87 Girls Long Jump Under 18	Finals
5:30 PM #91 Women Long Jump Open	Finals
5:30 PM #102 Boys Shot Put 5kg Under 18	Finals
5:30 PM #104 Boys Shot Put 6kg Under 20	Finals
5:30 PM #106 Men Shot Put 7.260kg Open	Finals



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Session: 6 Sunday Track Events

Day 4 - Sunday 6/23/2024 - Starts at 04:00 PM

Event	Round
4:00 PM #35 Girls 200 Meter Dash Under 18	Prelims
4:15 PM #36 Boys 200 Meter Dash Under 18	Prelims
4:30 PM #39 Women 200 Meter Dash Open	Prelims
4:40 PM #40 Men 200 Meter Dash Open	Semis
5:00 PM #19 Girls 100 Meter Dash Under 13	Finals
5:05 PM #20 Boys 100 Meter Dash Under 13	Finals
5:10 PM #21 Girls 100 Meter Dash Under 15	Finals
5:15 PM #22 Boys 100 Meter Dash Under 15	Finals
5:40 PM #11 Girls 400 Meter Hurdles 76 cms Under 18	Finals
5:40 PM #15 Women 400 Meter Hurdles 76 cms Open	Finals
5:50 PM #12 Boys 400 Meter Hurdles 84 cms Under 18	Finals
6:00 PM #16 Men 400 Meter Hurdles 91 cms Open	Finals
6:15 PM #73 Women 3000 Meter Run Open	Finals
6:15 PM #74 Boys 3000 Meter Run Under 18	Finals
6:30 PM #43 Girls 400 Meter Dash Under 13	Finals
6:35 PM #44 Boys 400 Meter Dash Under 13	Finals
6:40 PM #45 Girls 400 Meter Dash Under 15	Finals
6:45 PM #46 Boys 400 Meter Dash Under 15	Finals
7:00 PM #61 Girls 800 Meter Run Under 18	Finals
7:10 PM #62 Boys 800 Meter Run Under 18	Finals
7:17 PM #65 Women 800 Meter Run Open	Finals
7:22 PM #66 Men 800 Meter Run Open	Finals
7:35 PM #35 Girls 200 Meter Dash Under 18	Finals
7:42 PM #36 Boys 200 Meter Dash Under 18	Finals
7:50 PM #39 Women 200 Meter Dash Open	Finals
7:57 PM #40 Men 200 Meter Dash Open	Finals
8:15 PM #161 Women 40 Meter Dash Field Events Open	Finals
8:20 PM #162 Men 40 Meter Dash Field Events Open	Finals
8:30 PM #155 Women 4x400 Meter Relay Open	Finals
8:40 PM #156 Men 4x400 Meter Relay Open	Finals

