

Barbados National Championships 2025 - 7/24/2025 to 7/27/2025**Athletics Association of Barbados****Usain Bolt Sports Complex****Session Report**

Session: 1 Thursday Throwing Events - Coleridge & Parry

Day 1 - Thursday 7/24/2025 - Starts at 04:00 PM

Event		Round
4:00 PM	#113 Women Discus Throw 1kg Open	Finals
5:30 PM	#121 Women Javelin Throw 600g Open	Finals
5:30 PM	#122 Men Javelin Throw 800g Open	Finals
5:30 PM	#110 Boys Discus Throw 1.5kg Under 18	Finals
5:30 PM	#112 Boys Discus Throw 1.75kg Under 20	Finals
5:30 PM	#114 Men Discus Throw 2kg Open	Finals

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Session: 2 Friday Track Events

Day 2 - Friday 7/25/2025 - Starts at 06:00 PM

Event		Round
6:00 PM	#97 Women Triple Jump Open	Finals
6:00 PM	#98 Men Triple Jump Open	Finals
6:00 PM	#8 Men 110 Meter Hurdles 106 cms Open	Prelims
6:00 PM	#6 Boys 110 Meter Hurdles 99 cms Under 20	Prelims
6:00 PM	#4 Boys 110 Meter Hurdles 91 cms Under 18	Prelims
6:12 PM	#7 Women 100 Meter Hurdles 84 cms Open	Prelims
6:12 PM	#3 Girls 100 Meter Hurdles 76 cms Under 18	Prelims
6:12 PM	#5 Girls 100 Meter Hurdles 84 cms Under 20	Prelims
6:25 PM	#76 Men 5000 Meter Run Open	Finals
6:55 PM	#47 Girls 400 Meter Dash Under 18	Prelims
7:05 PM	#48 Boys 400 Meter Dash Under 18	Prelims
7:15 PM	#51 Women 400 Meter Dash Open	Prelims
7:25 PM	#52 Men 400 Meter Dash Open	Prelims

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Session: 3 Saturday Field Events - UWI

Day 3 - Saturday 7/26/2025 - Starts at 04:00 PM

	Event	Round
4:00 PM	#88 Boys Long Jump Under 18	Finals
5:30 PM	#79 Girls High Jump Under 18	Finals
5:30 PM	#83 Women High Jump Open	Finals
5:30 PM	#92 Men Long Jump Open	Finals

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Session: 4 Saturday Track Events

Day 3 - Saturday 7/26/2025 - Starts at 04:00 PM

Event		Round
4:00 PM	#23 Girls 100 Meter Dash Under 18	Prelims
4:10 PM	#24 Boys 100 Meter Dash Under 18	Prelims
4:20 PM	#26 Boys 100 Meter Dash Under 20	Prelims
4:30 PM	#27 Women 100 Meter Dash Open	Prelims
4:40 PM	#28 Men 100 Meter Dash Open	Prelims
5:00 PM	#31 Girls 200 Meter Dash Under 13	Finals
5:05 PM	#32 Boys 200 Meter Dash Under 13	Finals
5:10 PM	#34 Boys 200 Meter Dash Under 15	Finals
5:15 PM	#33 Girls 200 Meter Dash Under 15	Finals
5:35 PM	#4 Boys 110 Meter Hurdles 91 cms Under 18	Finals
5:35 PM	#6 Boys 110 Meter Hurdles 99 cms Under 20	Finals
5:35 PM	#8 Men 110 Meter Hurdles 106 cms Open	Finals
5:42 PM	#3 Girls 100 Meter Hurdles 76 cms Under 18	Finals
5:42 PM	#5 Girls 100 Meter Hurdles 84 cms Under 20	Finals
5:42 PM	#7 Women 100 Meter Hurdles 84 cms Open	Finals
5:55 PM	#67 Girls 1500 Meter Run Under 18	Finals
5:55 PM	#71 Women 1500 Meter Run Open	Finals
6:05 PM	#68 Boys 1500 Meter Run Under 18	Finals
6:12 PM	#72 Men 1500 Meter Run Open	Finals
6:25 PM	#47 Girls 400 Meter Dash Under 18	Finals
6:32 PM	#48 Boys 400 Meter Dash Under 18	Finals
6:40 PM	#51 Women 400 Meter Dash Open	Finals
6:47 PM	#52 Men 400 Meter Dash Open	Finals
7:00 PM	#23 Girls 100 Meter Dash Under 18	Finals
7:07 PM	#24 Boys 100 Meter Dash Under 18	Finals
7:15 PM	#27 Women 100 Meter Dash Open	Finals
7:22 PM	#26 Boys 100 Meter Dash Under 20	Finals
7:30 PM	#28 Men 100 Meter Dash Open	Finals

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Session: 5 Sunday Field Events - UWI

Day 4 - Sunday 7/27/2025 - Starts at 04:00 PM

Event		Round
4:00 PM	#101 Girls Shot Put 3kg Under 18	Finals
4:00 PM	#105 Women Shot Put 4kg Open	Finals
5:30 PM	#87 Girls Long Jump Under 18	Finals
5:30 PM	#91 Women Long Jump Open	Finals
5:30 PM	#102 Boys Shot Put 5kg Under 18	Finals
5:30 PM	#104 Boys Shot Put 6kg Under 20	Finals
5:30 PM	#106 Men Shot Put 7.260kg Open	Finals
6:00 PM	#80 Boys High Jump Under 18	Finals
6:00 PM	#84 Men High Jump Open	Finals

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Session: 6 Sunday Track Events

Day 4 - Sunday 7/27/2025 - Starts at 04:00 PM

	Event	Round
4:00 PM	#35 Girls 200 Meter Dash Under 18	Prelims
4:10 PM	#36 Boys 200 Meter Dash Under 18	Prelims
4:20 PM	#38 Boys 200 Meter Dash Under 20	Prelims
4:30 PM	#39 Women 200 Meter Dash Open	Prelims
4:40 PM	#40 Men 200 Meter Dash Open	Prelims
5:00 PM	#19 Girls 100 Meter Dash Under 13	Finals
5:05 PM	#20 Boys 100 Meter Dash Under 13	Finals
5:10 PM	#21 Girls 100 Meter Dash Under 15	Finals
5:15 PM	#22 Boys 100 Meter Dash Under 15	Finals
5:35 PM	#11 Girls 400 Meter Hurdles 76 cms Under 18	Finals
5:35 PM	#15 Women 400 Meter Hurdles 76 cms Open	Finals
5:42 PM	#12 Boys 400 Meter Hurdles 84 cms Under 18	Finals
5:42 PM	#16 Men 400 Meter Hurdles 91 cms Open	Finals
5:55 PM	#73 Women 3000 Meter Run Open	Finals
5:55 PM	#74 Boys 3000 Meter Run Under 18	Finals
6:15 PM	#61 Girls 800 Meter Run Under 18	Finals
6:22 PM	#62 Boys 800 Meter Run Under 18	Finals
6:30 PM	#65 Women 800 Meter Run Open	Finals
6:37 PM	#66 Men 800 Meter Run Open	Finals
6:50 PM	#35 Girls 200 Meter Dash Under 18	Finals
6:57 PM	#36 Boys 200 Meter Dash Under 18	Finals
7:05 PM	#38 Boys 200 Meter Dash Under 20	Finals
7:12 PM	#39 Women 200 Meter Dash Open	Finals
7:20 PM	#40 Men 200 Meter Dash Open	Finals
7:40 PM	#154 Men 4x100 Meter Relay Open	Finals
7:50 PM	#156 Men 4x400 Meter Relay Open	Finals
8:05 PM	#157 Mixed 4x400 Meter Relay Open	Finals