

Louis Lynch Championships 2026 - 2/14/2026 to 2/15/2026**Athletics Association of Barbados****Usain Bolt Sports Complex & Queen's College****Session Report**

Session: 1 Saturday Throwing Events - Queen's College

Day 1 - Saturday 2/14/2026 - Starts at 12:00 PM

Event	Round
12:00 PM #115 Girls Javelin Throw 500g Juniors	Finals
12:00 PM #116 Boys Javelin Throw 600g Juniors	Finals
12:00 PM #117 Girls Javelin Throw 500g Under 17	Finals
12:00 PM #118 Boys Javelin Throw 700g Under 17	Finals
12:00 PM #58 Heptathlon: #1 Girls Javelin Throw 3 Throws Unc	Finals
12:00 PM #121 Women Javelin Throw 600g Open	Finals
12:00 PM #122 Men Javelin Throw 800g Open	Finals
1:15 PM #107 Girls Discus Throw 1kg Juniors	Finals
1:15 PM #108 Boys Discus Throw 1kg Juniors	Finals
1:15 PM #109 Girls Discus Throw 1kg Under 17	Finals
1:15 PM #110 Boys Discus Throw 1.5kg Under 17	Finals
1:15 PM #111 Girls Discus Throw 1kg Under 20	Finals
1:15 PM #112 Boys Discus Throw 1.75kg Under 20	Finals
1:15 PM #113 Women Discus Throw 1kg Open	Finals
1:15 PM #114 Men Discus Throw 2kg Open	Finals

Session: 2 Saturday Field Events - UWI

Day 1 - Saturday 2/14/2026 - Starts at 03:00 PM

Event	Round
3:00 PM #86 Boys Long Jump Under 15	Finals
3:00 PM #79 Girls High Jump Under 17	Finals
3:00 PM #83 Women High Jump Open	Finals
4:30 PM #85 Girls Long Jump Under 15	Finals
4:30 PM #80 Boys High Jump Under 17	Finals
4:30 PM #84 Men High Jump Open	Finals
6:00 PM #58 Heptathlon: #3 Girls High Jump Under 20	Finals
6:00 PM #94 Boys Triple Jump Under 17	Finals
6:00 PM #97 Women Triple Jump Open	Finals
6:00 PM #98 Men Triple Jump Open	Finals

Louis Lynch Championships 2026 - 2/14/2026 to 2/15/2026**Athletics Association of Barbados****Usain Bolt Sports Complex & Queen's College****Session Report**

Session: 3 Saturday Track Events

Day 1 - Saturday 2/14/2026 - Starts at 03:00 PM

Event	Round
3:00 PM #8 Men 110 Meter Hurdles 106 cms Open	Finals
3:00 PM #6 Boys 110 Meter Hurdles 99 cms Under 20	Finals
3:05 PM #4 Boys 110 Meter Hurdles 91 cms Under 17	Finals
3:12 PM #5 Girls 100 Meter Hurdles 84 cms Under 20	Finals
3:12 PM #3 Girls 100 Meter Hurdles 76 cms Under 17	Finals
3:17 PM #58 Heptathlon: #2 Girls 100 Meter Hurdles Under 20	Finals
3:25 PM #2 Boys 80 Meter Hurdles 84 cms Juniors	Finals
3:32 PM #1 Girls 60 Meter Hurdles 76 cms Juniors	Finals
3:45 PM #47 Girls 400 Meter Dash Under 17	Prelims
3:55 PM #48 Boys 400 Meter Dash Under 17	Prelims
4:05 PM #50 Boys 400 Meter Dash Under 20	Prelims
4:15 PM #51 Women 400 Meter Dash Open	Prelims
4:25 PM #52 Men 400 Meter Dash Open	Prelims
4:40 PM #23 Girls 100 Meter Dash Under 17	Prelims
4:50 PM #24 Boys 100 Meter Dash Under 17	Prelims
5:00 PM #26 Boys 100 Meter Dash Under 20	Prelims
5:15 PM #27 Women 100 Meter Dash Open	Prelims
5:25 PM #28 Men 100 Meter Dash Open	Prelims
5:40 PM #31 Girls 200 Meter Dash Under 13	Finals
5:45 PM #32 Boys 200 Meter Dash Under 13	Finals
5:50 PM #33 Girls 200 Meter Dash Under 15	Finals
5:55 PM #34 Boys 200 Meter Dash Under 15	Finals
6:10 PM #59 Girls 800 Meter Run Juniors	Finals
6:20 PM #60 Boys 800 Meter Run Juniors	Finals
6:35 PM #67 Girls 1500 Meter Run Under 17	Finals
6:35 PM #71 Women 1500 Meter Run Open	Finals
6:45 PM #68 Boys 1500 Meter Run Under 17	Finals
6:55 PM #72 Men 1500 Meter Run Open	Finals
7:10 PM #141 Mixed 4x100 Meter Relay Juniors	Finals
7:25 PM #47 Girls 400 Meter Dash Under 17	Finals
7:32 PM #48 Boys 400 Meter Dash Under 17	Finals
7:40 PM #50 Boys 400 Meter Dash Under 20	Finals
7:47 PM #51 Women 400 Meter Dash Open	Finals
7:55 PM #52 Men 400 Meter Dash Open	Finals
8:05 PM #58 Heptathlon: #4 Girls 200 Meter Dash Under 20	Finals
8:15 PM #23 Girls 100 Meter Dash Under 17	Finals
8:22 PM #24 Boys 100 Meter Dash Under 17	Finals
8:30 PM #26 Boys 100 Meter Dash Under 20	Finals
8:37 PM #27 Women 100 Meter Dash Open	Finals
8:45 PM #28 Men 100 Meter Dash Open	Finals

Louis Lynch Championships 2026 - 2/14/2026 to 2/15/2026**Athletics Association of Barbados****Usain Bolt Sports Complex & Queen's College****Session Report**

Session: 4 Sunday Field Events - UWI

Day 2 - Sunday 2/15/2026 - Starts at 04:00 PM

Event	Round
4:00 PM #100 Boys Shot Put 4kg Juniors	Finals
4:00 PM #102 Boys Shot Put 5kg Under 17	Finals
4:00 PM #104 Boys Shot Put 6kg Under 20	Finals
4:00 PM #106 Men Shot Put 7.260kg Open	Finals
4:00 PM #87 Girls Long Jump Under 17	Finals
4:00 PM #58 Heptathlon: #5 Girls Long Jump 3 Jumps Under 2	Finals
4:00 PM #91 Women Long Jump Open	Finals
6:00 PM #88 Boys Long Jump Under 17	Finals
6:00 PM #99 Girls Shot Put 2.75kg Juniors	Finals
6:00 PM #101 Girls Shot Put 3kg Under 17	Finals
6:00 PM #103 Girls Shot Put 4kg Under 20	Finals
6:00 PM #58 Heptathlon: #6 Girls Shot Put 3 Throws Under 20	Finals
6:00 PM #105 Women Shot Put 4kg Open	Finals
7:00 PM #92 Men Long Jump Open	Finals

Louis Lynch Championships 2026 - 2/14/2026 to 2/15/2026**Athletics Association of Barbados****Usain Bolt Sports Complex & Queen's College****Session Report**

Session: 5 Sunday Track Events

Day 2 - Sunday 2/15/2026 - Starts at 04:00 PM

Event	Round
4:00 PM #9 Girls 300 Meter Hurdles 76 cms Juniors	Finals
4:00 PM #10 Boys 300 Meter Hurdles 76 cms Juniors	Finals
4:10 PM #11 Girls 400 Meter Hurdles 76 cms Under 17	Finals
4:10 PM #15 Women 400 Meter Hurdles 76 cms Open	Finals
4:17 PM #12 Boys 400 Meter Hurdles 84 cms Under 17	Finals
4:25 PM #16 Men 400 Meter Hurdles 91 cms Open	Finals
4:45 PM #35 Girls 200 Meter Dash Under 17	Prelims
4:55 PM #36 Boys 200 Meter Dash Under 17	Prelims
5:05 PM #38 Boys 200 Meter Dash Under 20	Prelims
5:20 PM #39 Women 200 Meter Dash Open	Prelims
5:30 PM #40 Men 200 Meter Dash Open	Prelims
5:45 PM #57 Mixed 1500 Meter Run Juniors	Finals
6:00 PM #43 Girls 400 Meter Dash Under 13	Finals
6:05 PM #44 Boys 400 Meter Dash Under 13	Finals
6:10 PM #45 Girls 400 Meter Dash Under 15	Finals
6:15 PM #46 Boys 400 Meter Dash Under 15	Finals
6:30 PM #73 Women 3000 Meter Run Open	Finals
6:30 PM #74 Boys 3000 Meter Run Under 17	Finals
6:30 PM #76 Men 5000 Meter Run Open	Finals
7:00 PM #19 Girls 100 Meter Dash Under 13	Finals
7:05 PM #20 Boys 100 Meter Dash Under 13	Finals
7:10 PM #21 Girls 100 Meter Dash Under 15	Finals
7:15 PM #22 Boys 100 Meter Dash Under 15	Finals
7:30 PM #61 Girls 800 Meter Run Under 17	Finals
7:37 PM #62 Boys 800 Meter Run Under 17	Finals
7:45 PM #65 Women 800 Meter Run Open	Finals
7:52 PM #66 Men 800 Meter Run Open	Finals
8:00 PM #58 Heptathlon: #7 Girls 800 Meter Dash Under 20	Finals
8:15 PM #35 Girls 200 Meter Dash Under 17	Finals
8:22 PM #36 Boys 200 Meter Dash Under 17	Finals
8:30 PM #38 Boys 200 Meter Dash Under 20	Finals
8:37 PM #39 Women 200 Meter Dash Open	Finals
8:45 PM #40 Men 200 Meter Dash Open	Finals
9:05 PM #133 Mixed 4x400 Meter Relay Open	Finals