

BARBADOS NATIONAL JUNIOR RECORDS AS AT 24 October 2025

**WOMEN**

<b>Event</b>	<b>Time/Distance</b>	<b>Name</b>	<b>Place</b>	<b>Date</b>
100m	11.34 (+1.3)	Shakera Reece	Providenciales, TKS	7 April 2007
200m	22.61 (+1.6)	Sada Williams	Bridgetown, BAR	18.March 2016
400m	52.07	Sada Williams	Bridgetown, BAR	26 March 2016
800m	2:06.63	Sheena Gooding	San Juan, PUR	15 July 2000
1500m	4:43.24	Layla Haynes	Bridgetown, BAR	22 February 2020
3000m	10.34.32	Laila McIntyre	Bridgetown, BAR	26 March 2025
5000m	18.37.13	Isis Gaskin	Atlantic, USA	1 May 2025
100m H(0.838)	13.35 (0.9)	Akela Jones	Gulf Shores, USA	24 May 2014
300mH(0.762)	41.55	Kierre Beckles	Trinidad, TTO	14 July 2006
400m H(0.762)	57.45	Tia Adana Belle	Allendale, USA	23 May 2015
High Jump	1.88	Desiree Crichlow	El Paso, USA	17 May 2003
Long Jump	6.55(+1.0)	Akela Jones	Gulf Shores, USA	22 May 2014
Triple Jump	12.90(+1.3)	Desiree Crichlow	El Paso, USA	12 April 2003
Shot Put(4.00kg)	14.64	Keisha Walkes	Nebraska, USA	5 February 2006
Discus(1.00kg)	47.48	Leah Bannister	San Salvador, ESA	30 June 2012
Javelin(600g)	47.00	Deandra Dottin	St. Kitts, SKN	24 March 2008
Heptathlon	4723	Keitha Moseley	San Juan, PUR	15 July 2000
4x100m	45.22	Barbados Team	Port of Spain, TTO	20 April 2025
4x400m	3.39.36	Barbados Team	Port of Spain, TTO	21 April 2025

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