

BARBADOS NATIONAL RECORDS AS AT 24 October 2025

MEN

Event	Time/Distance	Name	Place	Date
100m	9.87 (-0.2)	Obadele Thompson	Johannesburg, RSA	11 September 1998
200m	19.97 (-0.8)	Obadele Thompson	Yokohama, JPN	9 September 2000
400m	44.43	Jonathan Jones	Lubbock, Texas, USA	15 May 2022
800m	1:45.83	Jonathan Jones	Austin, Texas, USA	24 March 2022
1500m	3:47.82	Leo Garnes	Austin, USA	4 April 1991
3000m	8:33.97	Kenrick Sealy	Palto Alto, USA	16 May 1998
5000m	14:20.2	Leo Garnes	Bridgetown, BAR	5 June 1992
10000m	30:44.30	Leo Garnes	Albany, USA	22 April 1993
Marathon	2:29:40	Reuben McColin	Bridgetown, BAR	4 December 1988
3000mSC	9:07.3	Leo Garnes	Bridgetown, BAR	7 June 1992
110m H	13.14(+0.1)	Ryan Brathwaite	Berlin, GER	20 August 2009
400m H	48.79	Rasheeme Griffith	Gainesville, FL, USA	09 May 2024
High Jump	2.25	Henderson Dottin	El Paso, USA	12 April 2008
Pole Vault	3.70	Clifford Brooks	London, UK	13 August 1977
	3.70	Victor Houston	Austin, USA	7 April 1994
Long Jump	7.88(+1.0)	Charles Greaves	North Carolina, USA	24 May 2018
Triple Jump	16.70	Alvin Haynes	Starkville, USA	17 May 1992
Shot Put (Ind)	17.03	Tristan Whitehall	Warrenburg, USA	8 February 2014
Shot Put	19.05	Triston Gibbons	Florida, USA	15 May 2021
Discus	55.64	Triston Gibbons	Texas, USA	18 March 2021
Hammer	49.82	Dequan Lovell	San Marcos, USA	31 March 2017
Javelin	78.71	Janeil Criagg	St. Georges, GRN	8 April 2017
Decathlon	7777	Victor Houston	Athens, GRE	6 August 1997
20k Walk	1:43:25	Eon Mitchell	Bridgetown, BAR	25 June 1999
4x100m	38.41	Shane Brathwaite, Mario Burke, Burkheart Ellis, Jaquone Hoyte	Barranquilla, COL	2 August 2018
4X200m	1:21.88	Andrew Hinds, Ramon Gittens Levi Cadogan, Fallon Forde	Nassau, BAH	24 May 2014
4x400 m	3:01.60	David Peltier, Richard Louis Clyde Edwards, Elvis Forde	Los Angeles, USA	11 August 1984
4x400m Mixed	3.15.80	Kyle Gale, Sada Williams, Ross Walrond, Tia-Adana Belle	Bridgetown, BAR	5 July 2025

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