

**National Junior Championships 2026 - 3/6/2026 to 3/14/2026****Usain Bolt Complex & Coleridge & Parry****Session Report**

Session: 1 Friday Events

Day 1 - Friday 3/6/2026 - Starts at 07:00 PM

<b>Event</b>	<b>Round</b>
7:00 PM #94 Boys Triple Jump Under 17	Finals
7:00 PM #96 Boys Triple Jump Under 20	Finals
7:00 PM #98 Men Triple Jump Open	Finals
7:00 PM #97 Women Triple Jump Open	Finals
7:00 PM #3 Girls 100 Meter Hurdles 76 cms Under 17	Prelims
7:05 PM #5 Girls 100 Meter Hurdles 84 cms Under 20	Prelims
7:12 PM #4 Boys 110 Meter Hurdles 91 cms Under 17	Prelims
7:20 PM #6 Boys 110 Meter Hurdles 99 cms Under 20	Prelims
7:35 PM #74 Boys 3000 Meter Run Under 17	Finals
7:35 PM #73 Women 3000 Meter Run Open	Finals
7:35 PM #76 Men 5000 Meter Run Open	Finals
7:50 PM #47 Girls 400 Meter Dash Under 17	Prelims
8:00 PM #48 Boys 400 Meter Dash Under 17	Prelims
8:10 PM #49 Girls 400 Meter Dash Under 20	Prelims
8:10 PM #51 Women 400 Meter Dash Open	Finals
8:20 PM #50 Boys 400 Meter Dash Under 20	Prelims

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Session: 3 Saturday Track Events

Day 2 - Saturday 3/7/2026 - Starts at 03:00 PM

<b>Event</b>	<b>Round</b>
3:00 PM #31 Girls 200 Meter Dash Under 13	Finals
3:10 PM #32 Boys 200 Meter Dash Under 13	Finals
3:20 PM #33 Girls 200 Meter Dash Under 15	Finals
3:30 PM #34 Boys 200 Meter Dash Under 15	Finals
3:45 PM #59 Girls 800 Meter Run Under 15	Finals
3:55 PM #60 Boys 800 Meter Run Under 15	Finals
4:10 PM #28 Men 100 Meter Dash Open	Prelims
4:20 PM #23 Girls 100 Meter Dash Under 17	Prelims
4:30 PM #24 Boys 100 Meter Dash Under 17	Prelims
4:40 PM #25 Girls 100 Meter Dash Under 20	Prelims
4:50 PM #26 Boys 100 Meter Dash Under 20	Prelims
5:20 PM #6 Boys 110 Meter Hurdles 99 cms Under 20	Finals
5:27 PM #4 Boys 110 Meter Hurdles 91 cms Under 17	Finals
5:35 PM #5 Girls 100 Meter Hurdles 84 cms Under 20	Finals
5:43 PM #3 Girls 100 Meter Hurdles 76 cms Under 17	Finals
6:10 PM #67 Girls 1500 Meter Run Under 17	Finals
6:10 PM #69 Girls 1500 Meter Run Under 20	Finals
6:10 PM #71 Women 1500 Meter Run Open	Finals
6:20 PM #68 Boys 1500 Meter Run Under 17	Finals
6:30 PM #70 Boys 1500 Meter Run Under 20	Finals
6:30 PM #72 Men 1500 Meter Run Open	Finals
6:40 PM #52 Men 400 Meter Dash Open	Finals
6:45 PM #47 Girls 400 Meter Dash Under 17	Finals
6:52 PM #48 Boys 400 Meter Dash Under 17	Finals
7:00 PM #49 Girls 400 Meter Dash Under 20	Finals
7:07 PM #50 Boys 400 Meter Dash Under 20	Finals
7:20 PM #28 Men 100 Meter Dash Open	Finals
7:27 PM #23 Girls 100 Meter Dash Under 17	Finals
7:35 PM #24 Boys 100 Meter Dash Under 17	Finals
7:42 PM #25 Girls 100 Meter Dash Under 20	Finals
7:50 PM #26 Boys 100 Meter Dash Under 20	Finals

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Session: 4 Saturday Field Events - UWI  
Day 2 - Saturday 3/7/2026 - Starts at 04:00 PM

<b>Event</b>	<b>Round</b>
4:00 PM #79 Girls High Jump SH: 1.40m Under 17	Finals
4:00 PM #81 Girls High Jump SH: 1.45m Under 20	Finals
4:00 PM #83 Women High Jump SH: 1.45m Open	Finals
4:30 PM #88 Boys Long Jump Under 17	Finals
6:00 PM #90 Boys Long Jump Under 20	Finals
6:00 PM #92 Men Long Jump Open	Finals

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Session: 5 Sunday Track Events

Day 3 - Sunday 3/8/2026 - Starts at 04:00 PM

<b>Event</b>	<b>Round</b>
4:00 PM #40 Men 200 Meter Dash Open	Prelims
4:10 PM #35 Girls 200 Meter Dash Under 17	Prelims
4:20 PM #36 Boys 200 Meter Dash Under 17	Prelims
4:30 PM #37 Girls 200 Meter Dash Under 20	Prelims
4:30 PM #39 Women 200 Meter Dash Open	Finals
4:40 PM #38 Boys 200 Meter Dash Under 20	Prelims
5:00 PM #11 Girls 400 Meter Hurdles 76 cms Under 17	Finals
5:07 PM #15 Women 400 Meter Hurdles 76 cms Open	Finals
5:15 PM #12 Boys 400 Meter Hurdles 84 cms Under 17	Finals
5:20 PM #136 Boys 400 Meter Hurdles 91 cms Under 20	Finals
5:40 PM #75 Mixed 1500 Meter Run Under 15	Finals
5:50 PM #19 Girls 100 Meter Dash Under 13	Finals
5:55 PM #20 Boys 100 Meter Dash Under 13	Finals
6:00 PM #21 Girls 100 Meter Dash Under 15	Finals
6:05 PM #22 Boys 100 Meter Dash Under 15	Finals
6:15 PM #66 Men 800 Meter Run Open	Finals
6:23 PM #61 Girls 800 Meter Run Under 17	Finals
6:30 PM #62 Boys 800 Meter Run Under 17	Finals
6:38 PM #63 Girls 800 Meter Run Under 20	Finals
6:42 PM #64 Boys 800 Meter Run Under 20	Finals
6:50 PM #40 Men 200 Meter Dash Open	Finals
6:57 PM #35 Girls 200 Meter Dash Under 17	Finals
7:05 PM #36 Boys 200 Meter Dash Under 17	Finals
7:12 PM #37 Girls 200 Meter Dash Under 20	Finals
7:20 PM #38 Boys 200 Meter Dash Under 20	Finals
7:30 PM #133 Women 4x400 Meter Relay Open	Finals
7:40 PM #134 Men 4x400 Meter Relay Open	Finals

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Session: 6 Sunday Field Events - UWI  
Day 3 - Sunday 3/8/2026 - Starts at 04:00 PM

<b>Event</b>	<b>Round</b>
4:00 PM #87 Girls Long Jump Under 17	Finals
4:30 PM #101 Girls Shot Put 3kg Under 17	Finals
5:00 PM #80 Boys High Jump SH 1.55m Under 17	Finals
5:00 PM #82 Boys High Jump SH: 1.60m Under 20	Finals
5:00 PM #84 Men High Jump SH: 1.60m Open	Finals
5:30 PM #89 Girls Long Jump Under 20	Finals
5:30 PM #105 Women Shot Put 4kg Open	Finals
7:00 PM #102 Boys Shot Put 5kg Under 17	Finals
7:00 PM #104 Boys Shot Put 6kg Under 20	Finals
7:00 PM #106 Men Shot Put 7.260kg Open	Finals

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Session: 2 Saturday Throwing Events - Coleridge &amp; Parry

Day 9 - Saturday 3/14/2026 - Starts at 12:00 PM

<b>Event</b>	<b>Round</b>
2:30 PM #109 Girls Discus Throw 1kg Under 17	Finals
2:30 PM #111 Girls Discus Throw 1kg Under 20	Finals
2:30 PM #113 Women Discus Throw 1kg Open	Finals
2:30 PM #118 Boys Javelin Throw 700g Under 17	Finals
2:30 PM #120 Boys Javelin Throw 800g Under 20	Finals
2:30 PM #122 Men Javelin Throw 800g Open	Finals
4:00 PM #117 Girls Javelin Throw 500g Under 17	Finals
4:00 PM #119 Girls Javelin Throw 600g Under 20	Finals
4:00 PM #110 Boys Discus Throw 1.5kg Under 17	Finals
4:00 PM #112 Boys Discus Throw 1.75kg Under 20	Finals
4:00 PM #114 Men Discus Throw 2kg Open	Finals